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You're a Tranny and You're Beautiful Two

Hold Your Head High and Be Proud

by Caroline Layt

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Caroline Layt

I am writing in regard to an article published in *Polare* in May 1995, written by Val titled "You're a Tranny & You're Beautiful".

The best gift you can give yourself is to be true and loyal to yourself.

I have been on hormone treatment for four months now and I have never felt better. I have seen my physical and psychological state change very quickly and it feels great. I am a nice person and socially interact well with people. I have worked for eight years as an aerobics instructor which helped build my confidence greatly. I was once a painfully shy person, but not anymore. And yes, I do love myself, but not in an egotistical way, I just feel really comfortable with myself.

I feel that I am a beautiful tranny. I have men chasing and complimenting me, and I am not complaining for one moment as I love the attention.

Remember girls, you are a tranny and you are beautiful. Be proud of it and don't let anyone tell you otherwise. Beauty is something that comes from within. If you feel beautiful you will be. Whenever I feel this way, people tell me that I am glowing. When I am not feeling this way I can still feel attractive but something seems to be missing. I think we are all like this. People tell me I have a gorgeous smile, and you know why this is? It is because I am happy and content inside.

I am surprised at how well I have progressed as a woman. My Father tells me that I bear a resemblance to my mother twenty years ago. This makes me feel so good that sometimes I have to pinch myself to believe that this gorgeous woman is really me. I have also noticed how beautiful a lot of other transgender women are. They are so gorgeous and carry themselves so well that I am sure they feel like me; that it is meant to be.

Like Val (I like this girl) mentioned, our time is coming when we will have our respected place in society. It is definitely something worth fighting for.

I find that because we have had to live unhappily for a long time, as the sex we didn't want to be, and because we had to hide our true feelings, when we did decide to come-out our true feelings surfaced and we are not living a lie anymore. This makes us better people. We are content and spiritual as people. We have definitely connected with our souls and true inner self.

The most wonderful feeling I have ever experienced was being able to tell my family and friends about my desire to change my gender to female. I was free, no more lies, no more hiding my true feelings. I was at last, after thirty years, free to explore my true feelings, desires and wishes. The best gift you can give yourself is to be true and loyal to yourself. If that means disappointing or hurting those that are close to you in the process, then sometimes this just has to be. If they love you and you allow them some time to come to terms with it, they will eventually come back to you. They will recover.

I'm not saying that gender is a bed of roses, we all have our ups and downs. But it sure beats the anguish that I felt when I was male. To be transgender takes a lot of courage, but it is also a very exciting feeling and I have nothing but admiration for my transgender sisters and brothers for having the strength to be who you want to be. I really do feel for those people who feel the same way that we do but for some reason or another cannot accept their feelings. There must be millions of poor souls who have or will die unhappily because they cannot accept their true desires and feelings - probably because they feel they have to conform to society's expectations.

So remember tranny girls and tranny boys; hold your head high and be proud when you walk down the street because each and every one of you is precious and gorgeous.

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