

Polare



MAGAZINE OF THE NSW GENDER
CENTRE

ISSUE 117 NOVEMBER 2018 - JANUARY 2019

The Gender Centre presents:

transtopia 2018

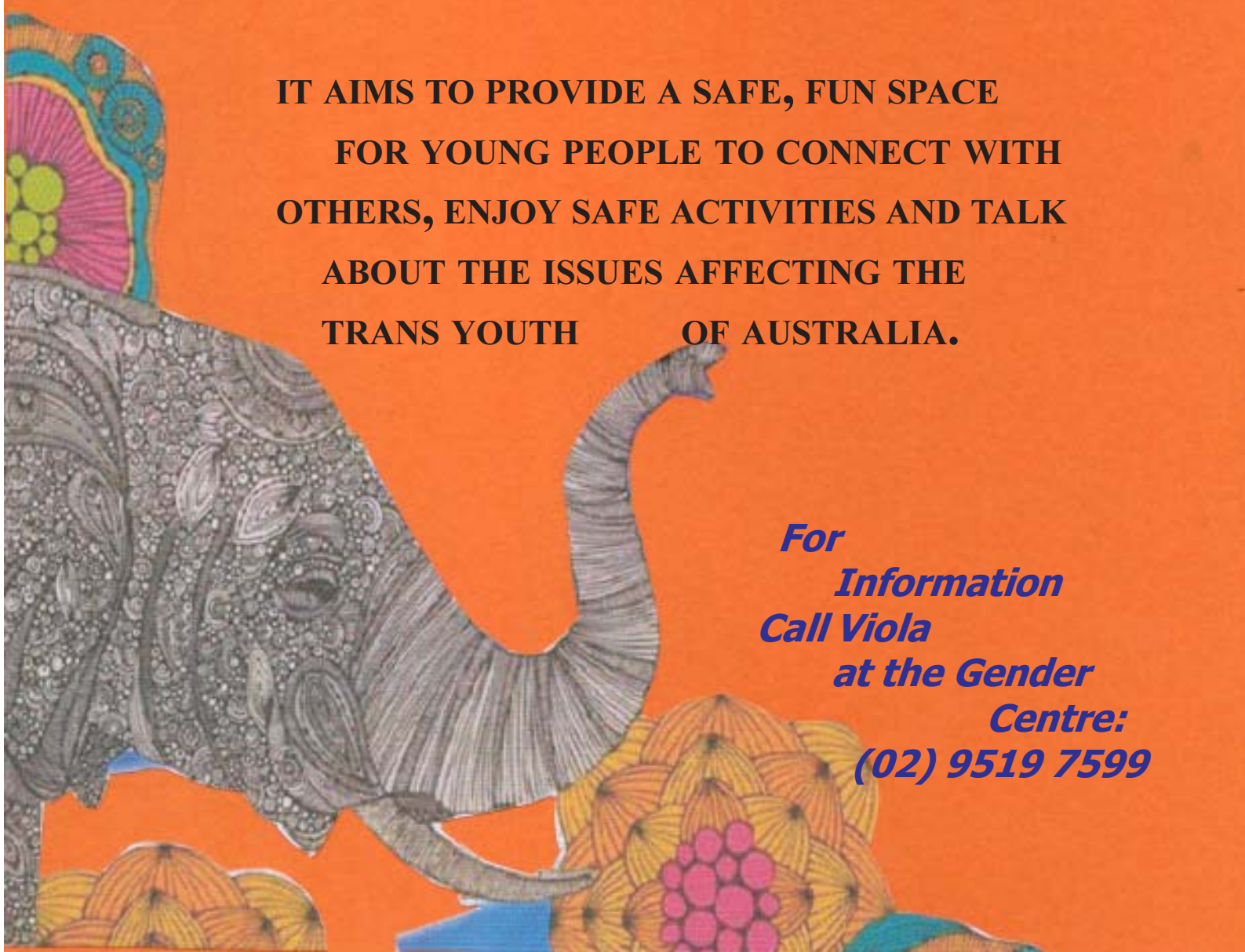
gender-questioning?

gender-queer?

‘TRANSTOPIA’ IS A MONTHLY GROUP TO BE HELD OVER TEN MONTHS IN 2018 FOR TRANSGENDER YOUTH BETWEEN THE AGES OF FOURTEEN AND NINETEEN...

**IT AIMS TO PROVIDE A SAFE, FUN SPACE
FOR YOUNG PEOPLE TO CONNECT WITH
OTHERS, ENJOY SAFE ACTIVITIES AND TALK
ABOUT THE ISSUES AFFECTING THE
TRANS YOUTH OF AUSTRALIA.**

***For
Information
Call Viola
at the Gender
Centre:
(02) 9519 7599***





The Gender Centre is committed to developing and providing services and activities which enhance the ability of gender diverse people with gender issues to make informed choices.

The Gender Centre is also committed to educating the public and service providers about the needs of gender diverse people.

We offer a wide range of services to gender diverse people, their partners, families and organisations, as well as service providers.

We aim to provide a high quality service which acknowledges human rights and ensures respect and confidentiality.

The Gender Centre is the place to go for confidential, free services for gender diverse people

Contact Us

41-43 Parramatta Road,
Annandale

NSW 2038

Mail to:

PO Box 266

Petersham

NSW 2049

Tel:(02) 9519 7599

**Outside Met. Sydney
1800 069 115 (9-4.30, M-F)**

Fax: (02) 9519 8200

Email:

reception@gendercentre.org.au

Website:

www.gendercentre.org.au

**The Gender Centre is staffed
9am-4.30pm Monday to Friday**

Our Services

- Support and education
- Social and support groups
- Drug and alcohol counselling
- Quarterly magazine *Polare*
- HIV/AIDS information
- Condoms and lube
- Needle exchange
- Referrals to specialist counselling, medical, HIV/AIDS, education, training, employment, legal welfare, housing and other community services
- Outreach - street, home, hospital and jail
- Counselling and support groups for partners and family

Residential Service

For all enquiries relating to the residential service, please contact us.

Cover: Liz Ceissman, Senior Case Manager at the Gender Centre at the Parkes Radio Telescope, which was the site of one of the Western NSW LHD (Local Health District) network meetings. The network was established to service transgender and gender diverse clients in rural and remote areas of NSW. See article on p.10.

Twenty10 Inc. GLCS NSW

**Peer-based Counselling
and Social Support**

**QLife Telephone and
Web-chat Counselling
open 3.00pm to
midnight, every day of
the year**

Ph: 1800 184 527

**Face-to-face Social
Support for people of
diverse genders,
sexualities, and/or
intersex variations**

- **Drop-in service, (ages 12-25) in Chippendale**
- **Out West, (ages 12-25) in Parramatta**
- **Monthly dinner (ages 20-27) in Chippendale**
- **Men's Talking It Out Group (over 18, no upper limit) in Chippendale**
- **Women's Coming Out Group (over 18, no upper limit) in Chippendale**
- **Social Saturday (over 18, no upper limit) in Chippendale**

**For dates, times and more
information:**

**twenty10.org.au or
(02) 8594 9550**



**Leaving PRISON is TOUGH... I
could do with some genuine
SUPPORT**

WIPAN are helping

WOMEN

EX-PRISONERS

Settle back into Life on the OUTSIDE

The WIPAN mentoring program
is a great way to get the support
you need:

- ◆ Meet face-to-face weekly
- ◆ Get assistance to locate necessary services
- ◆ Talk confidentially about life's challenges
- ◆ Enjoy activities together
- ◆ Strengthen confidence and self-esteem
- ◆ Create mutual trust and respect
- ◆ Have a positive role model
- ◆ Develop life skills

If you are interested in having a Mentor,
contact TARA at Women in Prison
Advocacy Network (WIPAN)

Ph: 02 8011 0693

Mobile: 0415 454 770

Email: mentoring@wipan.net.au

Website: www.wipan.net.au

Having a MENTOR has changed my life
... my FUTURE is BRIGHTER than ever!

November 2018 - January 2019

No. 117

CONTRIBUTORS

katherine cummings, liz ceissman,
ché baines

REGULAR FEATURES

- 6 Editorial by Katherine Cummings
- 14 News Items of Interest
- 17 Special Interest and Support
Group Meeting Dates 2018
- 28 Letter to the Editor
- 30-34 Directory

SERVICES & NOTICES

Inside Front Cover: Transtopia
2018

- 4 Twenty10 Inc. GLCS NSW/Women in
Prison Advocacy Network
- 9 Transgender Anti-Violence Project/ OII
(Organisation Intersexe Internationale)
- 11 ICLC Inner City Legal Centre
- 12 CSRH (UNSW) Postgraduate Research
- 13 RPA Sexual Health Clinic
- 15 Queensland Gender Centre/ Inner
City Legal Centre/ ACON Lesbian and
Gay Anti-Violence Project
- 17 Anti-Discrimination Board
- 21 Gender Centre Needle Exchange /
Wollongong Parents' Support Group
- 25 NSW Seahorse Society
- 26 Inner West LGBTIQ Film Festival
- 27 Transgender Day of Remembrance
- 29 Deepwater Practice, Woy Woy
(Psychologists)/ Uniting Care

Inside Back Cover: PAPS Matter for
Transmen

Back Cover: t150 HIV and Sexual
Health Service

DEADLINE

for submissions to the next edition of *Polare* is
the eighth of January 2019

FEATURES

- 9 My Health Record
- 10 Service to Rural and Regional Centres
by Liz Ceissman
- 13 Tasmania May Be First State to
Leave Gender Off Birth
Certificates
- 18 CampUs Provides a Place to Dream
by Ché Baines
- 22 Hepatitis C, an overview from the
Polare Archives
- 28 Statement from the National LGBTI
Health Alliance in response to
recommendations from the Religious
Freedom Inquiry's Report [11/10/2018]

Editor: Katherine Cummings

THE FINE PRINT

Polare

resources@gendercentre.org.au

PO Box 266, Petersham

NSW 2049

Phone: (02) 9519 7599

Fax: (02) 9519 8200

Email: resources@gendercentre.org.au

Website: www.gendercentre.org.au

Polare is published by the Gender Centre, Inc. which is funded
by Human Services - Community Services and the Sydney
South West Area Health Service, and provides a forum for
discussion and debate on gender issues.

Advertisers are advised that all advertising is their
responsibility under the Trade Practices Act.

Unsolicited contributions are welcome although no guarantee
is made by the editor that they will be published, nor any
discussion entered into. The right to edit contributions without
notice is reserved to the editor. Any submission that appears
in *Polare* may be published on the Gender Centre's Website
unless agreed otherwise.

© 2018 The Gender Centre Inc.

Polare is for people with gender issues.
Opinions expressed do not necessarily
reflect those of the Editor, the Gender
Centre, Inc., Human Services - Community
Services or the Sydney South West Area
Health.

Editorial by Katherine Cummings



On 22 October 2018, Donald Trump, President of the United States, announced that consideration is being given to a change in the definition of transgender people and the rights they will have under the law.

When Trump was campaigning for election he promised to protect those who were LGBTI. This promise has now been transmuted into the statement “You know what I’m doing? I’m protecting everybody,” which clearly means that ‘everybody’ must be protected against transgender people, who are seen to be a threat.

Trump’s Health and Human Services Department has been urging revision of the laws that permit transgender people to have their birth certificates amended, and hope for a ruling that determines a person’s sex as a biological fact determined at birth. They have also been advising officials to avoid using the term ‘transgender’ in budget documents.

This would exclude transgender people from legal recourse in cases now covered by sex discrimination laws.

The *Washington Post* mentions the long-standing furphy that laws that permit transgender people to live according to their innate genders will make it possible for predatory men to invade women’s toilets (the *Post*

says bathrooms, but Americans are confused about these terms). The *Post* treats this mythmaking sceptically but many conservatives use it as a blanket condemnation of all transgender activity

This is despite the fact that there are **no** recorded cases of transgender women (or even cross-dressed men) invading women’s toilets and sexually assaulting women. There are, however, cases of transgender women who have been assaulted by cisgender women in women’s toilets. One such case became a *cause celebre*, thanks to social networks, when Chrissy Lee Polis, a transgender woman, was beaten by two teenage girls for using the women’s toilet in a McDonald’s restaurant in the United States.

The Trump administration has also ruled that there is no place in the armed forces for transgender people, contradicting the policy of the Obama administration that eliminated the silly “Don’t ask, don’t tell” rule and allowed transgender men and women to serve openly. It appears that so far the officials designated to roll back the rights of transgender men and women in the military are dragging



[Cartoon re-used by kind permission of Cathy Wilcox]

their feet and resisting this retrograde step.

Another area where Trump wishes to see his arcane views put into place is in correctional institutions where people would be incarcerated in gaols appropriate to their sexes as defined at birth, without regard for the innate genders of the people concerned, nor the gender role in which they may have been living for many years.

Again quoting the *Washington Post*, “the Obama administration acted in myriad ways to enshrine legal rights for transgender people into federal regulations and policy, and the Trump administration has acted to systematically roll back those efforts.”

Bruce Hausknecht, judicial analyst for Focus on the Family, a socially conservative organisation, stated that “most people with gender confusion will reorient themselves back” to their biological sex at birth. This is not backed by any scientific research and is simply wishful thinking.

Our hearts go out to our trans-Pacific cousins who are enduring such difficult times and who must stand against policies which are not only inimical to their very existence but change their shapes from day to day, so that some edicts are enforced while others are left to drift in the wind. It must be like trying to fight a cloud of noxious, but evanescent, smoke.

How will it affect Australia? In these volatile political times it is hard to speculate but there does seem to be a tendency to follow America’s lead in many policy changes.

It is hard to believe that the recent gains in human rights will be undone, but in politics anything is possible.

We must also wonder whether new policies will act against Australian transgender people visiting the United States. Will they be subject to harassment or even refused visas? Even the possibility of discrimination may be enough to deter some from travelling to a country where rights are re-defined almost from day to day, and scientific opinion is ignored.

Moving to the local scene I can be more upbeat.

Although the Transgender Day of Remembrance is not a joyful occasion it nevertheless possesses qualities that provide hope for a better future and a more integrated society. This year it will be held in Harmony Park, Surry Hills, on November 20th and will be the end product of co-operation between the City of Sydney, the Inner City Legal Centre, the NSW Police, Trans Pride Australia and the Gender Centre. Some details can be found on p.27 of this issue, and you can also check it out on our Facebook.

As one of the organisers of this event I am constantly encouraged by the generosity of all those who are involved, not only with material assistance but also their time, talent and planning acumen.

We are aware that there are those who feel we are becoming too close to the Police Force, but I know (being old) that the social relationship between us has changed drastically over the years. I was a teenager in the 1950s

and believe me, relations with the police were not as good in those days as they have become in recent years.

I put my view on the improvement in this relationship forward at a recent meeting and was told that there are still instances of bad behaviour (prejudice and bullying) perpetrated by police against transgender people. I don't doubt that this is true, but I can only state, as I did on that occasion, that in any large body of people there will be some who do not follow the policies of their employers.

To reject a large, and essential, service organisation for the faults of a few rogue members would ensure that we will never have the kind of co-operative and forward-looking relationship that will guarantee peace in our time (yes, I know Chamberlain used that phrase but the fact that he happened to be wrong is irrelevant).

If we want to, we can make this relationship, and all other social relationships, work as long as they are based on reason, goodwill and understanding. To suggest otherwise is to live in the past and to base one's beliefs on specific cases rather than general policies and current attitudes.

Katherine



PLEASE NOTE: I have been asked to make it clear that my signed editorials express my own views and not necessarily those of the Executive Director or the Board of Management. KC

My Health Record

By which we mean *your* health record. You may be aware that unless you 'opt out' by 15 November a *My Health Record* will be created for you by the Federal Government which will effectively record all medical procedures you have undergone under Medicare and any medical procedures you may have in the future.

There are clearly advantages and some potential disadvantages in such a system. The ICLC will be placing a document entitled *My Health Record, risks and tips for transgender and gender diverse individuals* on their website. This contains a wealth of useful information as well as the email addresses of two dispute resolution contacts in a firm called Dentons:

Ben.allen@dentons.com and *Harriet.mccormick@dentons.com*

KC

Thought For The Day

Why do the Royal Australian Navy now wear camouflage working uniforms? If it is because the sailors might be used as landing parties one would expect the camouflage pattern to be in the brown, beige and green used by the land forces. It is, however, blue, white and black. Is it meant to make them harder to find if they fall overboard?

Sub-Lieutenant Katherine Cummings, RANR (retired).

Gender Centre Interest Groups

If you are M2F; F2M; Over 40; Queer (“non-binary”); Transtopia (ages between 14 and 19); Young Woman (under thirty-five) or Parents of a Transgender Child then there is a group at the Gender Centre tailored for you.

Groups usually meet once a month. Call the Gender Centre for details on 9519 7599

Do You Believe You Are Intersexed?

If so, would you like to know more? Would you like to meet others like yourself? Then contact:

**OII Australia,
PO Box 46,
Newtown, NSW,
2042**

or email
info@oii.org.au
or visit our website at
www.oii.org.au

stand tall
against
violence



TRANSGENDER ANTI- VIOLENCE PROJECT

Have you experienced an incident
where

you felt discriminated against, harassed,
victimised or unsafe because of gender identity?

If you report transphobic incidents to us, we can support you
and try to stop it happening to someone else.

YOU ARE NOT ALONE AND IT IS NOT YOUR FAULT!

If it is an emergency: call the police on 000.

Otherwise, contact the TAVP: ph: (02) 9519 7599, email:

tavp@gendercentre.org.au

online: www.tavp.org.au

or the Gender Centre on

ph: (02) 9519 7599,

email: reception@gendercentre.org.au



Service to Rural and Regional Centres by Liz Ceissman

In 2014 a partnership was developed between Western NSW LHD (Local Health District) and the Gender Centre for the development and provision of services and activities which would enhance the ability of people who are gender questioning to make informed choices.

How we did it:

The Gender Centre established a liaison with the Western LHD and this led to the creation of a Service Level Agreement initiating three-monthly visits by the Senior Gender Centre Caseworker to provide individual client consultations, educational workshops with NGOs, schools, TAFEs and health services. The aim of the project was to provide access to health care, specialist advocacy, case management and referral for community members with gender dysphoria.

The formation of local social and support groups for the rural community reduced the need for these members of the community to travel to the city. There was an increase in the number of transgender clients attending for HIV, STI and BBV screening.

After four years the results include:

- An increased sense of community and inclusion.
- Formation of the Central West Trans and Gender Diverse Network social group.
- Formation of a Parent Support Group at Headspace, Dubbo.
- A 'Trans-friendly' register of local GPs and other local services.

- Referral pathways developed for youth and adults for counselling, screening, health care, hormone therapy and surgery.

The project started with a fly-in/fly-out same-day service model, servicing Dubbo. It has expanded to a travelling clinic that covers other towns. The route now includes, Mudgee, Wellington, Dubbo, Parkes, Forbes and Orange and sometimes takes in Bathurst as well. The meetings take place in a variety of settings from coffee shops to the clinic that Dubbo Sexual Health provides. Meetings have even taken



Dubbo Sexual Health Clinic

place at the Dish (radio telescope) in Parkes. Duntryleague Golf Club in Orange has made available a welcoming space to meet people on our travels, often with very welcome tea and biscuits as an added extra. We have been lucky to meet amazing people living amazing lives on our travels through regional and rural Australia.

Accessing this support is easy. To meet the Caseworker in Dubbo you need to ring the Dubbo Sexual Health Clinic on 6841 2489 to make an appointment. For an appointment anywhere else on the route you can call the Gender Centre directly on 9519 7599.



Media Release

Australia's first Transgender Legal Service launches in September

Transgender people are being given a platform to seek free legal advice and support for a range of legal issues relating to their transgender status.

BREAKING - On 10 September 2018, Inner City Legal Centre (ICLC) and Dentons will launch a pilot of Australia's first Transgender Legal Service dedicated to providing transgender clients with support and free legal advice for a range of legal issues relating to their transgender status. This is an Australian first initiative.

The range of legal issues that the service will provide advice on will include:

- Fines
- Employment
- Discrimination
- Special Medical Procedure applications to the Family Court of Australia
- Assistance in regard to drafting wills, power of attorney, enduring guardianship
- Divorce, separation and parenting
- Name and gender change advice services
- Criminal and AVO advice and representation for especially vulnerable transgender clients on a low income

Who is this service for? This service is for individuals who identify as transgender or their families in the case of young people who are transitioning.

About the Transgender Legal Service.

The service will run from 10 September 2018 and will be held every second Monday from 2.00 pm.

About ICLC

ICLC is a community legal centre that has been providing free legal advice to vulnerable people in NSW for almost thirty years. ICLC has long been recognised as an award-winning statewide practice that specialises in LGBTIQ matters. Our allies include the Hon. Justice Michael Kirby AC CMG, Alex Greenwich MP, Justice Rachel Pepper, Judge Joe Harman AM and Clover Moore MP.

How to get in contact

We strongly encourage you to contact us on (02) 9332 1966 if you are transgender and seeking legal help.



UNSW
SYDNEY

Australia's
Global
University

Explore postgraduate research with the Centre for Social Research in Health

The **Centre for Social Research in Health** is seeking passionate, engaged and motivated applicants for our MA by Research and PhD degrees who are interested in understanding and influencing change in the fields of **health, sex, drugs and risk**.

Based in Arts and Social Sciences at UNSW Sydney, our research degrees provide the skills needed to **undertake high quality research, contribute to academic and policy debates, and inform best practice**.

We welcome applications for research into **social and cultural aspects of HIV, sexual health, sexual practices, viral hepatitis and drug use** but also encourage proposals in related areas of education, health and wellbeing, and from a diversity of social and behavioural science perspectives.

Students form an integral part of our diverse community of talented supervisors, researchers, and develop close relationships with community organisations, health and education service providers and policy makers, to inform the quality of their research and strengthen the impact and relevance of their research findings.

For more information,
contact the Postgraduate Coordinator:

Loren Brener

l.brener@unsw.edu.au

+61 2 9385 6776



Centre for Social Research in Health

Tasmania May Be First State to Leave Gender Off Birth Certificates

A Bill is expected to be put to the vote in Tasmania's Parliament in November 2018, removing gender from the information supplied on birth certificates.

This would mean that anyone needing to produce a birth certificate in order to obtain employment could do so without revealing his or her transgender status.

The Bil will also allow transgender people who are married to obtain revised documentation without having to be divorced first.

There is resistance to the content of the Bill from feminist and Christian groups, particularly those associated

with the Liberal government, whereas Labor and the Greens are in favour of the changes.

Labor and the Greens also favour the freedom to change official documentation without prior gender affirmation surgery as is the case in many other countries, including France, Pakistan and Ecuador.

Martine Delaney, transgender activist in Tasmania spoke strongly in favour of the changes.

Opposition groups believe the rights of women and girls to female-only spaces will be jeopardised. The Australian Christian Lobby also opposes the new law.

KC

RPA SEXUAL HEALTH CLINIC

16 Marsden Street, Camperdown, NSW, 2050

Phone: (02) 9515 1200

- Testing, treatment and counselling for sexually transmissible infections, including HIV.
- Gay men's sexual health check-ups.
- Sex worker health checks.
- Men's and women's sexual health check-ups.
- Advice on contraception.
- Pregnancy testing and counselling.
- Free condoms and lubricant.
- Needle and syringe program and sexual health check-ups for people who inject drugs.
- Hepatitis testing and vaccination.
- Post-exposure Prophylaxis (PEP) for HIV.

WHAT HAPPENS WHEN YOU VISIT THE CLINIC FOR THE FIRST TIME?

You will be asked to fill out a registration form. The information you give us will remain confidential and kept in a numbered file. Keep this number and quote it for any test results and when making future appointments. A nurse will determine whether you need to see a doctor or nurse for a medical issue or a counsellor to discuss sexual health, safer sex or relationship issues.

FREQUENTLY ASKED QUESTIONS

Do I need an appointment? Yes, an appointment is preferable. **Do I need a**

Medicare card? No, you don't. **Do I need to pay?** No, all services are free. **Do I**

need a referral from a doctor? No,

simply call 9515 1200 for an appointment.

Interpreters available

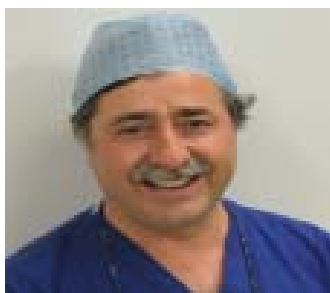
TRANSWOMEN MAY GIVE BIRTH “TOMORROW”

Following a number of successful uterus transplants in Sweden followed by the birth of several healthy babies to the women in question, Dr Richard Paulson, a leading fertility expert stated at the American Society for Reproductive Medicine’s annual meeting in San Antonio, Texas, that there was no anatomical reason why a uterus could not be transplanted into a transgender woman.



Dr Richard Paulson

“You could do it tomorrow,” he said. He admitted there would be additional challenges but could not see any that could not be overcome. He went on to say that he thought there would be a number of transgender women who would welcome the chance to bear a child. He admitted there would be complications due to the different shapes of male and female pelvises and that children born to transgender women would probably have to be removed from the womb using a Caesarian section. Hormone therapy would also be required to reproduce the changes that occur in a woman during pregnancy.



Mr Richard Smith

Julian Savulescu, Professor of Practical Ethics at Oxford University, suggested that the psychological benefit experienced by a

transwoman bearing her own child must be weighed against any psychological harm to the child born in this way.

At least five babies have been born to women who received uterus transplants in Sweden. The first British attempt to transplant a uterus will be undertaken by Mr Richard Smith of Imperial College, London.

IS THE GENETIC BASIS FOR BEING TRANSGENDER ABOUT TO BE IDENTIFIED?

A team of researchers at the Hudson Institute of Medical Research in Melbourne have been investigating a possible biological basis for gender dysphoria.

Three hundred and eighty transgender women had their genetic variations compared to those of cisgender men. The transgender women had a significant over-representation of our genes involved in processing sex hormones, suggesting a possible link with the presence of gender dysphoric experience.

The research suggests that the genetic variations affect the brain’s ability to process androgen so that the brain develops in a way that is less ‘masculine’ and more ‘feminine’ contributing to gender dysphoria.

A spokesman interviewed by the ABC said “While it should not hinge on science to validate people’s individuality and lived experience, these findings may help to reduce discrimination”.

The link, if proven, may create more social acceptance for transgender people and simplify diagnosis of gender dysphoria.



The ACON Lesbian and Gay Anti-Violence Project can be contacted on (02) 9206 2116 or Freecall 1800 063 or avp@acon.org.au

QUEENSLAND GENDER CENTRE

The Queensland Gender Centre is run by a transsexual in Brisbane, Queensland, Australia with the aim of assisting those in need of accommodation and assistance. It is open to all those who identify as transsexuals and who are mentally stable and drug and alcohol free.

The location of the shelter is kept confidential to protect the tenants. The accommodation is in an upmarket suburb on Brisbane's upper north side.

You can stay either up to six months or twelve months and we can house up to six people at a time.

If you want more information or are interested in assisting with the project, please telephone, write or email the Queensland Gender Centre. PO Box 386, Chermside South, QLD, 4032. Tel:(07) 3357 6361

Luxe Clinic

As the Plastic and Cosmetic Surgeons at Luxe Clinic, we pride ourselves in providing a tailor-made surgical service to the transgender community.

Please visit our website for more information about our surgeons and our services.

[Please mention this ad. in Polare to receive 100% refund of your consultation fee as a credit back to your account when you book for any surgical procedure.]



www.luxeclinic.com

1300 LUXE CLINIC (589 325)

HOUSE TO SHARE with one other in Sydney's beautiful Blue Mountains not far from Katoomba. Katoomba has a diverse community and is home for the Annual Transformal Event.

40's MTF transgender is looking for another transgender person to share my home.

Own room (choice of two, can help with some bedroom furniture if required) in older style brick home. House is fully furnished with wood stove and electric cooking in kitchen.

Older style bathroom but clean and tidy. Large block with big yards at quiet end of town. Off street parking but not under cover. Close to trains and bus stop. Short walk to shops.

Gas heating, broadband and WIFI installed with telephone landline.

Looking for someone who wants to consider it home, where you can relax and be yourself.

It would suit a transgender person of similar age to my own, but I will consider any application. The applicant must have a stable income -- pension or Centrelink income are acceptable. Sorry, no couples or pets or short stays.

Rent: \$145.00 per week, plus utilities and two weeks bond (negotiable).

Please contact: jess15332@gmail.com if you would like further information.

Nicolsons Electrolysis

hair removal by skilled

Electrolysis is still the only permanent solution for unwanted hair

Nicolsons Electrolysis provides the latest and best electrolysis technology, and many years experience with transgender individuals, to give you the fastest results

Call today to book a free consultation and 10min trial!

0416 165 475 (02) 9555 7007

Targets all hair types and colours!
Legs arms torso face bikini genital areas
Quick & permanent follicle destruction
Treats laser induced hair growth
Cost effective permanent hair removal

Over 20 years' specialist experience
(Trained in UK)
Registered Nurse (non practicing)
Daytime, evening and weekend
appointment availability
Located in Balmain in a private setting
with free parking

tg.nicolsonselectrolysis.com

The Gender Centre Library

To borrow books you will need to become a member of the Library. You will need to supply personal details (phone number, address etc.)

You can make an appointment to see the Library on Wednesday, Thursday or Friday by phoning 9519-7599 (ask for Katherine)

Video tapes and dvds are not for loan but can be viewed by appointment in the Gender Centre.

Books may be borrowed for three weeks. If you are isolated for any reason and would like to have material mailed to you, let the Resources

Worker (Katherine) know. Don't




PARENTS OF TRANSGENDER CHILDREN

The Gender Centre hosts an information and support group for parents who have children (any age) who are transgender or gender diverse.

Meetings are held on the second Monday of each month from 6.00pm to 8.00pm. A light supper will be provided.

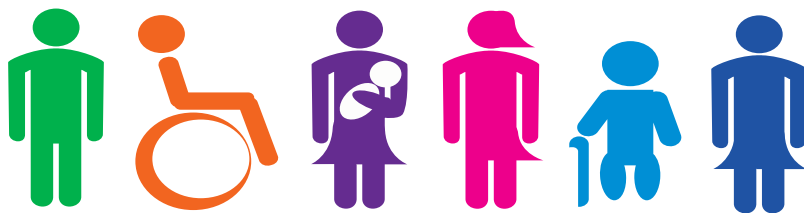
Contact Liz on 9519 7599

Dates for Special Interest and Support Groups 2018

| | | | |
|--|--|--|--|
| <p>Transtopia 14-19 yrs 5pm-7pm</p> <p>Wed Nov 7 Wed Dec 5</p> | <p>Young Women's Group 18-35 yrs 6.00pm-7.30pm</p> <p>Tue November 6 Tue December 4</p> | <p>FTM Connect 6.30pm-8.00pm</p> <p>Fri November 2 Fri December 7</p> | <p>Parent's Support Group - Sydney 6.30pm-8.30pm (doors open 6.00pm)</p> <p>Mon November 12 Mon December 10</p> |
| <p>Over 40s (formerly Seniors) 1.30pm - 3.30pm</p> <p>Wed 28 November</p> | <p>Queer Agenda Group 5.30pm-7.30 pm</p> <p>Fri 23 November</p> |  <p><i>End Anti-Transgender Violence</i></p> | |

STOP discrimination

KNOW YOUR RIGHTS



Call the
**Anti-Discrimination
Board of NSW**

1800 670 812

email:
adbcontact@justice.nsw.gov.au

www.antidiscrimination.justice.nsw.gov.au

FREE!

**HOME TUTORING IN READING AND WRITING FOR
ADULTS**

**(nights preferred) Call Margot 9335 253
or Mim 9335 2350 @ Petersham TAFE**

CampUs Provides A Place To Dream by Ché Baines

My name is Ché Baines and I was a volunteer worker at the recently held CampUs run by the Gender Centre for trans and non-binary youth. I spent about three days with the attending teenagers at Berry Sport and Rec. and I am grateful that I was able to spend that time with them.

From what I saw, CampUs was a beautiful, important and challenging experience for the young people involved. I saw teenagers blossom



Happy campers

from quiet, shy kids to confident, laughing young adults. Something happened in the two hours it took to drive from Annandale.

I had kids telling me that we had provided a space in which they could do things that they had not been comfortable doing since coming out, such as putting on a swimsuit or talking to new people.

I had some kids from country towns tell me that this camp was the first



Flying high at CampUs

time they had met a n y o n e trans or non-binary anywhere close to their own age.

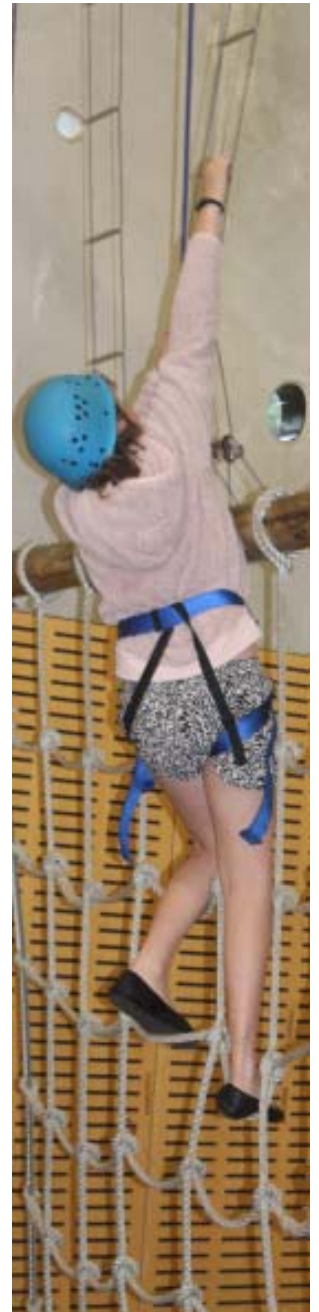


Ché Baines

I was able to see what supported and affirmed trans and non-binary youth can look like, and although I admit there may have been moments of envy from my own past teenage trans self, the whole experience was incredible and beyond what I could ever have imagined. The little world we created briefly at CampUs was a very moving one.

This is not say the outside world did not make its way in, because of course it did, but there were more moments we had where we could be in a space where bullying, isolation and rejection were significantly suppressed.

I heard some heart-wrenching stories of the lives these young people came from but also many of hope that this and





Flying even higher at CampUs

the next generation of trans youth is very close to reaching the place I thought was only a pipe dream less than a decade ago. Some may have already reached it.



The ultimate! Not falling! Flying!!!

To sum up this experience I would say that although I arrived back in Sydney needing three full days of sleep I am grateful to the Gender Centre and especially to the young people for giving me the opportunity to attend CampUs.

I came back exhausted but with the knowledge that there are good things happening for trans youth. They are surviving and thriving and remaining goofy teenagers through it all and I can't express how much that makes me smile.



The kids are, in fact, alright. ☐☐☐

They haven't called, they haven't written...

The Editor would like to receive more contributions from our readers. Letters, articles, opinions and life experiences are all welcome.



Are you transgender and 18 years or older?

Jessica Williams, a Master of Research student at Western Sydney University, supervised by Dr Laretta Luck and Professor Leslie Wilkes of the School of Nursing and Midwifery, is conducting research into the healthcare experiences of transgender people.

There are significant gaps in research in this this area and we are seeking transgender people to participate in this important research which should help in developing frameworks for improved health care for transgender people.

For more information or to participate:

**Email: Jessica Williams,
17645791@student.westernsydney.edu.au**

Phone: Dr Laretta Luck 02 9685 9568

Wollongong Parents' Support Group

This parents' support group meets on the first Tuesday of each month.

The aim of the group is to offer support to parents as they address the issues that arise for them in their roles as family members and care givers.

The group accepts all parents whether they are accepting or not of their child's diversity. The only requirement is that they come with open minds to explore and work towards understanding their children.

It is hoped that through these support meetings parents will be able to understand their children in a more open and informed way.

ALL PARENTS OF TRANSGENDER AND GENDER QUESTIONING YOUTH are invited to come and be part of these discussion nights. This group is run in partnership with Wollongong Headspace and our facilitator from the Gender Centre is usually in attendance at this group.

Where: Headspace, Wollongong, 1/85 Smith Street, Wollongong

When: First Tuesday of each month

Do I need to book? No **Cost?** Free.

For further details see the website www.gendercentre.org.au or call the Centre on 9519 7599 (1800 069 115 outside Metropolitan Sydney (9.am - 4.30pm Mon-Fri.))

Be Part of the Action!

Can you write? Would you like to write something for *Polare*?

We are looking for writing that expresses some of the viewpoints we seldom see, like the views of younger gender-diverse people.

Email: resources@gendercentre.org.au or call 9519 7599

The Gender Centre is a Needle Exchange and operates Monday to Friday from 9.00am to 4.30pm.

A confidential free service for people with gender issues (ask for the Outreach Worker).

Sharps containers, pill filters, syringes (1ml, 2.5ml, 5ml), needles (21g, 23g, 25g, 26g), condoms, spoons, water, fit packs, swabs, dams.

Or phone the Alcohol and Drug Information 24 hr advice, information and referral service, Sydney (02) 9331 2111

Country 009 42 2599

Hepatitis C, an overview from the *Polare* Archives

Hepatitis C is an infectious disease affecting the liver which is caused by the hepatitis C virus (or more simply H.C.V) which is passed from one person to another through blood to blood contact. (i.e. sharing needles or injecting equipment or through unsafe tattooing or piercing methods).

The Hepatitis C section of the Gender Centre's website contains a number of articles about hepatitis C and when completed it will include other resources such as books and book reviews, research papers, videos, links to other hepatitis C related websites and services and more.

The articles below appeared in *Polare* over a period of twenty-one years and are a sub-set of the articles currently listed on the hepatitis C (Health) page of the Gender Centre website (www.gendercentre.org.au). These articles can be downloaded in full from the website.

LIVING WITH HEPATITIS C

AFFECTING ABOUT 1 IN 200 PEOPLE IN AUSTRALIA

Appeared in *Polare* 16, December 1996

When someone catches Hepatitis C, the body produces antibodies to try to destroy it. Most often, the antibody response fails to identify the virus properly and it evades the

body's defence system, the infection remains long-term and people don't know that they have the virus ...

PROHIBITION AND HEPATITIS C RELATED DISCRIMINATION

PRESENTED AT AUSTRALIAN SOCIAL POLICY CONFERENCE

Appeared in *Polare* 67, April 2006

Hepatitis C is an infectious, virulent and resilient blood borne virus. Globally, it is estimated to have infected around 170 million people and the epidemic is rapidly spreading. New infections in Australia increased by 45 percent between 1997 and 2001 to 16,000 annually ...

SYMPTOM CLUSTERS GIVE INSIGHT INTO LIFE QUALITY WITH HEPATITIS C

CLUSTER ANALYSIS REVEALS SYMPTOM TRIGGERS AND RELIEF STRATEGIES

Appeared in *Polare* 72, July 2007

Since 1999, Carolyn Lang's research has had a major impact on the quality of life of people with Hep. C infection. One of the results of her research has been the discovery that clusters of severe symptoms occurred, and are prevalent among people living with H.C.V. infection ...

STIGMA AND HEALTH AN OVERVIEW

Appeared in *Polare* 73, October 2007

Stigma can lead to people experiencing chronic stress giving rise to resistant approaches to coping, like withdrawal and isolation. In certain contexts, the impact of the meaning of a disease or condition may create more problems for an individual than the disease itself ...

HEPATITIS C NARRATIVE OF CHAOS AND QUEST

Appeared in *Polare* 76, October 2008

Hepatitis C is stigmatised primarily because of its connection with illicit drug use and public ignorance and fear around transmission. This article provides a brief outline of findings from a research study that explored people's experiences living with Hepatitis C ...

RECOVERY FROM HEPATITIS C TREATMENT

A STUDY INTO LIFE AFTER HEP. C TREATMENTS

Appeared in *Polare* 85, October 2010

Dr. Max Hopwood is a researcher at the National Centre in H.I.V. Social Research. His study into the post-

treatment health of those with hepatitis C, reveals some alarming results particularly with the prolonged effect of treatment drugs on the central nervous system ...

THE HEPATITIS C VIRUS

UP CLOSE AND PERSONAL

Appeared in *Polare* 85, October 2010

The hepatitis C Virus (H.C.V.) is a very clever little creature. It has spread worldwide, affecting humans, and one type of chimpanzee, and is able to outwit most people's immune system due to its unstable R.N.A. (ribonucleic acid) genetic make up ...

HEPATITIS C UPDATE

AN UPDATE ON THE INFECTIOUS DISEASE AFFECTING THE LIVER

Appeared in *Polare* 93, October 2012

Transmission of H.C.V. is nearly always through blood to blood contact, but unlike H.I.V., the virus can survive longer outside of the body.

This article takes an updated look at the virus that about 1 in 200 people carry in Australia

STAYING SAFE

EXPLORING THE STRATEGIES USED BY PEOPLE WHO HAVE INJECTED BUT HAVE AVOIDED HEPATITIS C INFECTION

[Cont. p.24]

Appeared in *Polare* 93, October 2012

Professor Carla Treloar from the National Centre for Social Research discusses how some people who have injected illicit drugs for many years manage to avoid hepatitis C infection and relates some of the main findings in the U.S. from Dr. Sam Friedman's *Staying Safe* study.

NEWEST WEAPON IN THE NSW EDUCATION ARSENAL

Appeared in *Polare* 96, July 2013

The average age for initiation into injecting drug use is nineteen. Without proper knowledge of how to stay safe, young people who start injecting are at serious risk of infection with H.I.V., hepatitis B and hepatitis C. Hepatitis N.S.W. aims to combat this risk with the 'C me' campaign ...



PREPARING FOR TREATMENT

Appeared in *Polare* 97, October 2013

Preparing for Hepatitis C treatment can involve an amount of prior planning that not many people may be aware of.

In order for the treatment to be successful, it's a good idea to get the timing right, ensuring that you're prepared for any potential side-effects, seeking out professional and personal support

Polare Page 24

November 2018 - January 2019

and have dealt with the issue of alcohol intake ...

PREPARING TO AVOID SIDE-EFFECTS OF HEP C TREATMENT

by Adrian Rigg. Reprinted with permission from *Hep Review* Article appeared in *Polare* 101, October 2014.

There are strategies to minimise treatment side effects; the more you know about this before starting treatment, the better.

You cannot overstate the importance of reducing the impact of side effects by being prepared for, and dealing with, side effects that can be minimised or eliminated.

This means being aware of the reactions you may experience, such as appetite loss, rashes and insomnia, and

having some strategies in place to deal with them: the sooner they are minimised, the easier it will be to continue treatment.

Depression and mental health problems can arise during treatment, especially for people with a history of these...

THE ABC OF LOOKING AFTER YOUR HEALTH

WHAT IS HEALTH LITERACY by Adrian Rigg. Reprinted with permission from *Hep C Review*.

Appeared in *Polare* 100, August 2014 2007

Adrian Rigg looks at health literacy, the ability for individuals to take better control of their health and its overall benefit to society as a whole

HEPATITIS C

A MEMBER OF THE FLAVIVIRUS FAMILY

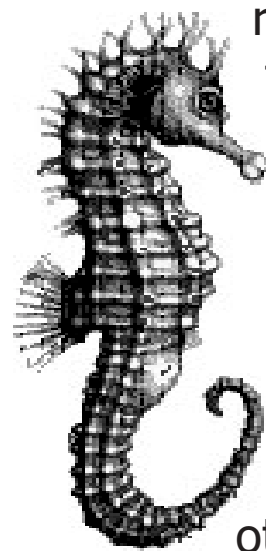
Appeared in *Polare* 106, January 2016. Reprinted with permission from *Hepatitis Australia*

The hepatitis C virus is a member of the flavivirus family of ribonucleic acid (RNA) viruses. The virus reproduces by making many copies of itself in liver cells. The hepatitis C virus does not kill liver cells directly, but the immune response initiated by the presence of the virus in the liver can cause liver inflammation and cell death.

(Farrell, G.C. 2002) There are six main genotypes (strains) of hepatitis C. Each genotype contains numerous subtypes, labelled a, b, or c. Genotypes 1a and 1b (54 percent prevalence) and 3a (37 percent prevalence) are the most common genotypes in Australia. (McCaw, R., et al. 1997). Hepatitis C was discovered by scientists in 1988 and found to be responsible for most of the cases of 'non-A, non-B hepatitis'. Early studies confirmed that hep C was spread through blood-to-blood contact. An accurate test to diagnose hep C became available in Australia in 1990. The test detected antibodies produced in reaction to the hep C virus... □□□

The NSW Seahorse Society

is a self-help group based in Sydney, open to all crossdressers, their



relatives and friends. We offer discretion, private monthly social meetings, social outings, contact with

other crossdressers, a telephone information service, postal library service and a monthly newsletter.

THE SEAHORSE SOCIETY OF NSW INC
PO BOX 2193 BORONIA PARK, NSW
2111

Call on 0476 385 367 and our website is:

www.seahorsesoc.org

Email:

crossdress@seahorsesoc.org

“crossdress with dignity”




PROGRAM

INNER WEST LGBTIQ FILM FESTIVAL

7 pm

MARGARITA WITH A STRAW (2014)

Directed by Shonali Bose, Nilesh Maniyar/100 mins 

OCTOBER 12

A rebellious young woman with cerebral palsy leaves her home in India to study in New York. She embarks on a journey of sexual discovery

TOMBOY (2011)

Directed by Celine Sciamma/82 mins 

OCTOBER 19

A family moves into a new neighborhood, and a 10-year-old named Laure deliberately presents as a boy named Mikhael to the neighborhood children

MOONLIGHT (2016)

Directed by Barry Jenkins/111 mins 

OCTOBER 26

A chronicle of the childhood, adolescence and burgeoning adulthood of a young, African-American, gay man growing up in a rough neighborhood of Miami




Movie Review

&

Homemade croquettes




AUSSIE QUEER SHORTS (2006)

Directed by many filmmakers/118 mins 

NOVEMBER 2

It is a wonderful opportunity to enjoy some of the great Aussie queer short films


CAROL (2015)

Directed by Todd Haynes/118 mins 

NOVEMBER 9

Two women from very different backgrounds find themselves in an unexpected love affair in 1950s New York


CLOSE-KNIT (2017)

Directed by Naoko Oigami/127 mins 

NOVEMBER 16

A transgender woman becomes a mother figure to a neglected young girl in a sensitive family

WEEKEND (2011)

Directed by Andrew Haigh/97 min 

NOVEMBER 23

Russell who after randomly picking up Glen at a nightclub, unexpectedly develop a deep relationship



MCC WELFARE SERVICES

Transgender Day of Remembrance 2018

The Transgender Day of Remembrance will be held on 20th November, 2018.

The venue will be Harmony Park, Surry Hills, an easy walk from Museum Station.

Time: 6.30pm-8.30pm

On this day we remember transgender and gender-diverse people who have lost their lives or suffered serious violence in the previous year.

There will be short talks from transgender people telling us of their personal experiences, and there will be musical interludes from the Police Brass Quintet, the Gay and Lesbian Choir and individual performers.

Finger food and water will be available.

The evening will conclude with a candle-light vigil.

The Transgender Day of Remembrance is sponsored by the Inner City Legal Centre, The City of Sydney, The NSW Police Force and the Gender Centre

STATEMENT FROM THE NATIONAL LGBTI HEALTH ALLIANCE IN RESPONSE TO RECOMMENDATIONS FROM THE RELIGIOUS FREEDOM INQUIRY'S REPORT

11 October 2018

In light of the recommendations from the Religious Freedom Inquiry's report being revealed in the media and across social media, the National LGBTI Health Alliance (the Alliance) wishes to take the opportunity to affirm its position to end discrimination against LGBTI people.

The Alliance recognises that freedom of religion, conscience and belief ("religious freedom") is a fundamental human right and is an essential part of a liberal, democratic society. However, the Alliance believes the law unfairly sanctions religious bodies, as part of their right to exercise freedom of religion, to discriminate against LGBTI students and teachers.

Although, many LGBTI Australians live happy and healthy lives, an overwhelming amount of research evidence consistently demonstrates that a disproportionate number of LGBTI people experience poorer mental health outcomes and have a higher risk of suicidal behaviours than non-LGBTI people. This is not due to their sexual orientation, gender identity or variations in sex characteristics. Rather, it is due to the stigma, prejudice, discrimination and social exclusion they experience as key social determinants of health.

Religious exemptions in federal anti-discrimination law exacerbate, and legitimate, discriminatory conduct against sexuality and gender diverse people within religious school environments.

The Alliance looks forward to continuing to work with our members, stakeholders and government to ensure that every Australian has equal rights to education and employment.

If you are experiencing distress and would like to talk with someone on the phone or over the web then please call QLife on 1800 184 527 or go to www.qlife.org.au.

Letter to the Editor,

Hi, I'm Melanie and I'm in early transition . I was reading about 'Facial Team', in Spain, who have an outstanding reputation for facial feminisation, and as I am a member of the Over Forties group, and my face is somewhat world-weary, I thought, how fabulous it would be to have some of this magic worked on me!

I was wondering if any other transwomen would like to discuss the possibility of travelling to Spain as a group? It would have to be after the ACON Mini-Congress (November 30, 2018 in Sydney). Hope to hear from you,

Melanie

Please get in touch through Katherine at the Gender Centre. [W-F 9519-7599]

Please Help!

Call for participants! The Trans Resilience Project at the University of Georgia is seeking people who are trans or gender nonconforming for a short survey on what helps you keep going on the good days and the hard days. Their research team includes non-binary people who live and work within trans communities. They need their health providers to level up and this survey will help develop responsive and respectful care. The survey is at:

<http://bit.ly/2kRq8hu>.
Email your questions to:
transilience@gmail.com

Change of Mailing Details?

- o Different name?
- o Different address?
- o Different gender?
- o Don't want *Polare* in the future?

My **OLD** details:

My **NEW** details:

**Mail to The Editor, *Polare*,
PO Box 266, Petersham,
NSW , 2049**

Central Coast Transgender Support

The CCTS is a totally free and unfunded service to all with gender issues. It offers guidance to all who are contemplating commencement of the medical and psychological requirements that are involved in full MTF transition under the World Professional Association for Transgender Health Standards of Care (formerly known as the Harry Benjamin Standards of Care).

*.CCTGS operates Monday to Saturday 10am-10pm
Ph:0404 054 000
Email:smh101@exemail.com.au*

Ask
UnitingCare
about how
we can help
LGBTI people
live at home
for longer

UnitingCare Ageing have a number of Home Care Packages available specifically for the benefit of the LGBTI Community.

If you are over 65 years of age, identify as LGBT and have low to high care needs, then one of these government subsidised packages could provide you with cost effective care in your own home that will help you to live independently.

For information or assistance call **1800 486 484** or visit us at unitingcareageing.org.au



For Those Who Live on the Central Coast of NSW.

The Deepwater Practice in Woy Woy, run by Melissa Turner, has agreed to bulk bill counselling clients who come with a GP referral and who mention that they are also clients of the Gender Centre.

Deepwater Practice, Unit 2, 101 Blackwall Road, Woy Woy. Ph: 4344 7386

Directory

A.C.T.

A GENDER AGENDA

works with the sex and gender diverse community. This includes transsexuals, transgender people, intersex people, cross-dressers and other non-gender conforming people. We acknowledge the important role that partners, family members and allies play and these people are specifically welcomed as part of our community.

PO Box 4010, Ainslie, ACT, 2602
Ph: (02) 6162 1924
Fax: (02) 6247 0597
Email: support@genderrights.org.au
Website: www.genderrights.org.au

AIDS ACTION COUNCIL OF ACT

The AIDS Action Council of the ACT provides information and education about HIV/AIDS, caring, support services for people living with HIV/AIDS.

Havelock House, 85 North-bourne Ave, Turner, ACT 2612
PO Box 5245, Braddon, ACT 2601
Tel: (02) 6257 2855
Email: contact@aidsaction.org.au

SWOP ACT (SEX WORKER OUTREACH PROJECT)

Provides services for people working in the sex industry in the ACT.
Westlund House,
16 Gordon Street, Acton,,
ACT, 2601
GPO Box 229, Canberra, ACT, 2601
Tel: (02) 6247 3443
Fax: (02) 6257 2855
E-mail: aacswoop@aidsaction.org.au

NEW SOUTH WALES

NSW GENDER CENTRE

Counselling

Provides counselling to residents and clients living in the community. For more information or an appointment contact the Counsellor on 9519 7599 between 10am - 4.30pm.

Outreach service

Available to clients in the inner city

area on Tuesday nights from 6.00pm-2.00 a.m. and on Thursdays 10.00am-5.30pm by appointment only. Monday and Wednesday afternoons and Friday: 10.00am-4.30pm. Also available to clients confined at home, in hospital or gaol - by appointment only. For an appointment contact Outreach Worker - 9519 7599.

Sex workers:

Safe sex aids, education and support. Outreach service: Wednesday nights 5.00pm-12.00 midnight

Social and support service

Provides social and support groups and outings, workshops, forums and drop-ins. For more information contact the Social and Support Worker. 9519 7599

Resourcedevelopment service

Produces a range of print resources on HIV/AIDS, medical and other information relevant to people with gender issues and their service providers, including a quarterly magazine *Polare* and a regularly updated website at:

www.gendercentre.org.au

For more information contact the Information Worker Wed-Fri 9519 7599

Drug and alcohol service

Provides education, support and referral to a broad range of services - By appointment only. For an appointment contact the Outreach Worker 9519 7599

Residential service

Provides semi-supported share accommodation for up to eleven residents who are sixteen years of age or over. Residents can stay for up to twelve months and are supported as they move towards independent living. A weekly fee is charged to cover household expenses. Assessments for residency are by appointment only

and can be arranged by contacting the Counsellor, Outreach Worker or 9519 7599.

For partners, families and friends

Support, education and referral to a wide range of specialist counselling, health, legal, welfare and other community services are available for partners, families and friends of people with gender issues. For more information contact the Social and Support Worker 9569 2366.

For service providers, employers and others

Advice, support and workshops are also available to employers, service providers, students and other people interested in gender issues. For more information contact the Manager, Gender Centre, 41-43 Parramatta Road, Annandale or PO Box 266, Petersham, NSW, 2049
Tel: (02) 9569 2366
Fax: (02) 9569 8200
manager@gendercentre.org.au
www.genercentre.org.au

2010 - See Twenty10

ACON HEALTH LTD

Information and education about HIV/AIDS, caring, support for living living with H I V / A I D S .
41 Elizabeth St, Surry Hills, NSW 2011 or POBox 350 Darlinghurst, NSW 1300
Ph: (02) 9206 2000
Fax: (02) 9206 2069
tty: (02) 9283 2088

ACON-HUNTER

129 Maitland Road or PO Box 220, Islington, 2296
Ph: (02) 4927 6808
Fax: (02) 4927 6845
hunter@acon.org.au
www.acon.org.au

ACON-MID-NORTH COAST

Shop 3, 146 Gordon St
Port Macquarie NSW 2444
Tel: (02) 6584 0943

Fax: (02) 6583 3810
mnc@acon.org.au

ACON-NORTHERN RIVERS

27 Uralba Street
Lismore NSW 2480
PO Box 6063
South Lismore NSW 2480
Tel: (02) 6622 1555

**AFAO (AUSTRALIAN
FEDERATION OF AIDS
ORGANISATIONS)**

National AIDS lobby and safe sex
promotion organisation.
PO Box 51
Newtown 2042
Tel: (02) 9557 9399
Fax: (02) 9557 9867

ALBION STREET CENTRE

HIV testing, clinical management,
counselling and support, treatment
and trials for HIV/AIDS.
Tel: (02) 9332.1090
Fax: (02) 9332.4219

ANKALI

Volunteer project offering emotional
support for People Living with HIV/
AIDS, their partners, friends and car-
ers. One on one grief and bereave-
ment service.

Tel: (02)9332.1090
Fax: (02) 9332.4219

**BOBBY GOLDSMITH FOUNDATION
(BGF)**

Provides direct financial assistance,
financial counselling, employment
support and supported housing to
people in NSW disadvantaged as a
result of HIV/AIDS
Ph: (02) 9283 8666
free call 1800 651 011
www.bgf.org.au
bgf@bgf.org.au
Mon-Fri 9.00am-5.00pm
Tel: 4226 1163:Fax: 4226 9838
illawarra@acon.org.au
47 Kenny St, Wollongong, 2500
POB 1073, Wollongong, 2500

Mid North Coast

Outreach project: by appointment
Tel: 6584.0943
Fax: 6583.3810
4 Hayward Street, Port Macquarie,
2444
POB 1329, Port Macquarie, 2444

BREASTSCREEN

Phone 132050

**CELLBLOCK YOUTH HEALTH
SERVICE**

Provides free, safe and confidential
support, counselling and health services
for young people aged 12 to 24. We
offer support, information and someone
to talk to about your relationships, family
problems, school, sex, mental and
physical health, accommodation and
money, drugs and alcohol, and more...
No referral or Medicare card needed. All
services are free!

Open Mon-Fri 9 am - 5 pm
Closed wed 9 am - 11.30 am
288 Abercrombie Street, Redfern, NSW,
2008
Tel: 9562 5640
Email: youthblock@sswahs.nsw.gov.au

**CENTRAL TABLELANDS
TRANSGENDER
INFORMATION SERVICE**

Provides information and directions
for anyone seeking medical or
psychological assistance in changing
gender. Provides information on
gender friendly services available in
the Bathurst, NSW Area. Provides
support and understanding for
families and friends in a non-
counselling atmosphere.

Operates 9 am - 8pm Mon - Fri
Tel: 0412 700 924

**(CSN) COMMUNITY SUPPORT
NETWORK**

Transport and practical home based
care for PLWHA. Volunteers
welcome. Training provided.

Sydney Mon-Fri 8.00am-6.00pm
9 Commonwealth St, Surry Hills
Tel: (02) 9206.2031
Fax: (02) 9206.2092
csn@acon.org.au
PO Box 350 Darlinghurst NSW 1300

**Western Sydney and Blue
Mountains**

Mon-Fri 9.00am-5.00pm
Tel: 9204 2400
Fax: 9891 2088
csn-westsyd@acon.org.au
6 Darcy Rd, Wentworthville, 2145
PO Box 284, Westmead, 2145

Hunter

Mon-Fri 9.00am-5.00pm
Tel: 4927 6808\Fax 4927 6485
hunter@acon.org.au
129 Maitland Road, Islington, 2296
PO Box 220, Islington, 2296
MacKillop Centre - Hunter
Training and development opportunities

for PLWHA
Tel: 4968 8788

FTMAustralia

Contact, support and information
for all men (identified *female* at
birth), their families, partners, and
service providers. Contact
FTMAustralia for more information:
PO Box 488, Glebe, NSW, 2037.
www.ftmaustralia.org
mail@ftmaustralia.org

**GAY AND LESBIAN COUNSELLING
SERVICE OF NSW (GLCS)**

A volunteer-based community service
providing anonymous and confidential
telephone counselling, support,
information and referral services for
lesbians, gay men, bisexual and
transgender persons (LGBT) and
people in related communities.
Counselling line open daily from
5.30pm to 10pm daily (02) 8594 9596
(Sydney Metro - cost of local call,
higher for mobiles). 1800 184 527
(free call for regional NSW callers
only). Admin enquiries: (02) 8594
9500 or admin@glcnsw.org.au
Website: www.glcnsw.org.au

HOLDEN STREET CLINIC

Sexual Health Clinic is staffed by
doctors, sexual health nurses, a
clinical psychologist and an
administration officer.

Mon, Tue, Wed. 9.00am-5.00pm
(closed 12.15pm-1.00pm for lunch)
Men's Clinic Thursday evenings
5.00pm-8.00pm
Appointments preferred (02) 4320
2114

Ground Floor 69 Holden St, Gosford
2250

Tel:(02) 4320 2114

Fax: (02)4320 2020

INNER CITY LEGAL CENTRE

Available to discuss any legal
matter that concerns you.

Ph: (02) 9332 1966

INTERSECTION

Coalition group of lesbian, gay,
transgender and other sexual
minority groups and individuals
working for access and equity within
local community services and their
agencies.

Christine Bird (02) 9525.3790
PO Box 22, Kings Cross, NSW, 1340

Tel: (02) 9360.2766

Fax: (02) 9360.5154

Directory

KIRKETON ROAD CENTRE

Needle exchange and other services

Clinic Hours:

Mon, Tue, Thu, Fri, 10am - 6pm

Wed 12 noon-6pm

Weekends and public holidays, 10am

- 1.45pm (NSP & methadone only)

Outreach Bus - Every Night

100 Darlinghurst Road

(Entrance above the Kings Cross Fire Station Victoria Street

Clinic 180

180 Victoria Street, Potts Point, 2011

Tel: (02) 9357 1299

Fax: (02) 9380 2382

Clinic 180 open

Monday to Saturday

1.30pm-9.00pm

Needle syringe program

Condoms

Monday to Friday

1.30pm-9.00pm

Sexual health screening HIV screening hepatitis C testing, hepatitis B testing and vaccination

First aid and wound care

Counselling and social welfare assistance

Drug and alcohol assessment and referral

LES GIRLS CROSS-DRESSERS GROUP

An independent peer support group for transgender people. Free tuition, job assistance, friendship and socials, general information. Bi-monthly meetings.

Coordinator,

PO Box 504 Burwood NSW 2134

(MCC) METROPOLITAN CHURCH

MCC Sydney is linked with

MCC churches in Australia as part of an international fellowship of Christian churches with a social concern for any who feel excluded by established religious groups. MCC deplores all forms of discrimination and oppression and seeks to share God's unconditional love and acceptance of all people, regardless of sexual orientation, race or gender.

96 Crystal St, Petersham, 2049

Phone (02) 9569 5122

Fax: (02) 9569 5144

Worship times:

10.00 am and 6.30 pm

office@mccsydney.org

http://www.mccsydney.org.au/

MOUNT DRUITT SEXUAL HEALTH CLINIC

Provides free, confidential and respectful sexual health information, assessment, treatment and counselling.

Tel: (02) 9881 1206

Mon 9.00am-4.00pm

Wed 9.00am-1.00pm

Fri 9.00am-1.00pm

NEWCASTLE SWOP

SWOP at Newcastle has a Mobile Sexual Health Team
4927 6808

NORTHAIDS

A community based organisation providing step down and respite care for PLWHA on the Northern Beaches.
Tel: (02) 9982 2310

OPEN DOOR COMMUNITY OF CHRIST

The Open Door Community of Christ is a church for everyone! We meet every Sunday at 6.00pm. Based in Sydney's west, at Cranebrook, the Open Door has been serving the LGBTIQ community for the past fifteen years. The Western Sydney Transgendered Support Group and the Western Sydney Coming Out Group are sponsored by the Open Door. Bj's cafe is held on Wednesdays from 11.00am-1.00pm. The Youth Is Knocking youth group is held monthly with accredited facilitators.

Contact Pastor Sue Palmer

0411330212 or

pastorsue@theopendoor.org.au

for further information, or check the web page

www.theopendoor.org.au

PARRAMATTA SEXUAL HEALTH CLINIC

provides free, confidential and respectful sexual health information, assessment, treatment and counselling.

Level 1, 162 Marsden (cnr. George St)

Parramatta, 2150

Ph: (02) 9843 3124

Mon, Wed, Fri, 9.00am-4.00pm

Tue 9.00am-1.00pm

Fri 9.00am-4.00pm

PLWHA (PEOPLE LIVING WITH HIV/AIDS)

PO Box 831, Darlinghurst, NSW, 2010

Ph: (02) 9361 6011

Fax: (02) 9360 3504

www.plwha.org.au

PO Box 187,

Katoomba, NSW, 2780

Ph: (02) 4782 2119

www.hermes.net.au/plwha/

plwha@hermes.net.au

POSITIVE WOMEN

Can offer one-on-one support for HIV positive transgender women. Contact Women and AIDS Project Officer or Women's HIV Support officer at ACON.

Ph: (02) 9206 2000

www.acon.org.au/education/womens/campaigns.htm

RPA SEXUAL HEALTH CLINIC

provides a free and confidential range of health, counselling and support services.
Ph: 9515 1200

SAGE FOUNDATION

(Sex and Gender Education Foundation)

A voluntary lobbying organisation made up of gender variant people to lobby the government to ensure equal treatment in all respects of life. SAGE is non-profit. All welcome.

Ph: 0421 479 285

Email:

SAGE_Foundation@yahoogroups.com

**(SWOP) SEX WORKERS
OUTREACH**

**TRANSGENDER
SUPPORT PROJECT**

Provides confidential services for people working in the NSW sex industry. Lvl 4, 414 Elizabeth St, Surry Hills, NSW, 2010
PO Box 1354
Strawberry Hills NSW 2012
Tel: (02) 9206 2159
Fax: (02) 9206 2133
Toll free 1800 622 902
infoswop@acon.org.au
www.swop.org.au

SEAHORSE SOCIETY OF NSW

The Seahorse Society is a non-profit self-help group funded by members' contributions. Open to all crossdressers, their relatives and friends. We offer discretion, private monthly social meetings, outings, contact with other crossdressers, a telephone information service, postal library service and a newsletter.
PO Box 2193 Boronia Park, NSW, 2111 or Ph: 0476 385 367

SYDNEY MEN'S NETWORK

Welcomes FTM men.
PO Box 2064, Boronia Park, 2111
Tel: 9879.4979 (Paul Whyte)
paulwhyte@gelworks.com.au

**SYDNEY SEXUAL HEALTH
CENTRE**

Provides free, confidential health services, including sexual function, counselling and testing and treatment of STDs, including HIV.
Level 3, Nightingale Wing, Sydney Hospital, Macquarie Street, Sydney, NSW, 2000
Ph: (02)9382 7440 or freecall from outside Sydney 1800 451 624.
(8.30am-5.00pm)
Fax: (02) 9832 7475
sshc@sasahs.nsw.gov.au

**SYDNEY WEST HIV/HEP C
PREVENTION SERVICE**

Needle and syringe program
162 Marsden St, Parramatta, NSW 2150
Ph: (02) 9843 3229
Fax: (02) 9893 7103

TOWN & COUNTRY CENTRE

Drop In Centre - Weekly Coffee Nights
- 24 hour ph line - regular social activities - youth services - information, advice and referral - safer sex packs and more! - for bisexual, transgender folks and men who have sex with men
80 Benerembah Street, Griffith PO Box 2485, Griffith, NSW 2680
Tel: (02) 6964.5524
Fax: (02) 6964.6052
gls@stealth.com.au

**TWENTY10 INCORPORATING
GLCS NSW**

Twenty10 incorporating GLCS is a Sydney-based organisation supporting people of diverse genders, sexualities and intersex variations (LGBTIQA+) across New South Wales. We provide a broad range of specialised services for young people 12-25 including housing, mental health, counselling and social support. For adults, we provide social support and for people of all ages we offer telephone support and webchat as the NSW provider for the national QLife project. We also offer inclusivity training and consulting for organisations and service providers across most sectors.
Intake and support: (02) 8594 9555
Rural support: 1800 652 010
Admin: (02) 8594 9550
Email: info@twenty10.org.au
Website: twenty10.org.au

**WOMENS AND GIRLS EMERGENCY
CENTRE**

174 Redfern Street, Redfern
Tel: (02) 9319 4088

National

**(ABN) AUSTRALIAN BISEXUAL
NETWORK**

National network of bisexual women and men, partners and bi- and bi-friendly groups. ABN produces a national magazine, houses a resource library and is a member of the International Lesbian and Gay Association (ILGA).
PO Box 490, Lutwyche QLD 4030
Tel: (07) 3857 2500
1800 653 223
ausbinet@rainbow.net.au
www.rainbow.net.au/~ausbinet

**AIS SUPPORT GROUP
(AUSTRALIA)**

Support group for Intersex people and their families. We have representatives in all Australian States.
PO Box 1089
Altona Meadows, VIC, 3028
Tel: (03) 9315 8809
aissg@iprimus.com.au
www.vicnet.net.au/~aissg

AUSTRALIAN WOMAN NETWORK

Australian WOMAN Network is primarily a lobby and health support group for people who experience the condition of transsexualism, their families, friends and supporters. There are email discussion lists for members as well as a bulletin board for both public and member-only access.
www.w-o-m-a-n.net

CHANGELING ASPECTS

Organisation for Transsexual people, their partners and families. For information, please write or call.
email:knoble@iinet.net.au
www.changelingaspects.com

**NATIONAL LGBTI HEALTH
ALLIANCE**

Office: (02) 8568 1110
Fax: (02) 8212 9013
PO Box 51, Newtown, NSW, 2042
www.lgbtihealth.org.au

QLIFE

QLife is Australia's first nationally oriented counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI). QLife provides nationwide early intervention, peer supported telephone and web-based services to people of all ages across the full spectrum of people's bodies, genders, relationships, sexualities and lived experiences.

Open 3.00pm to midnight every day of the year. Call 1800 184 527 or visit qlife.org.au for web chat.

Directory

International

AGENDER NEW ZEALAND

A caring national support organisation for Cross/Transgender people, their partners and families. For a detailed information pack, please contact:
Email: president@agender.org.nz
www.agender.org.nz

BEAUMONT SOCIETY

Non-profit organisation for crossdressers throughout Great Britain. Social functions, counselling and a contact system for members. Provides a magazine - Beaumont magazine
BM Box 3084 London WCIN 3XX England
www.beaumontsociety.org.uk/

BEAUMONT TRUST

The Trust is a registered charity, the aim of which is the support of transvestites, transsexuals, their friends and families. It fosters research into both psychological and social aspects of transvestism and transsexualism and can provide speakers to address other organisations. It produces literature and arranges workshops, develops befriending facilities and assists with conferences.

The Beaumont Trust, BM Charity, London WC1N 3XX,

<http://www.mistral.co.uk/gentrust/bt.htm>

CROSS-TALK

The transgender community news & information monthly.
PO Box 944, Woodland Hills CA 91365 U.S.A.

FTM INTERNATIONAL

A group for female to male transgender people. Provides a quarterly newsletter - FTM.
160 14th St
San Francisco, CA, 94103
<http://www.ftmi.org/info@ftmi.org>

FTM NETWORK UK

A support group for female to male trans people. Provides a newsletter - *Boys' Own*
FTM Network, BM Network, London, WC1N 3XX, England.
www.ftm.org.uk

GENDERBRIDGE Inc.

Support and Social Society for people with gender identity issues, their families, partners and professionals involved in care, treatment and counselling.
PO Box 68236, Newton, 1145, New Zealand
Phone: (64) (09) 0800 TGHELP (0800.84.4357) (24 hrs)
www.genderbridge.org
info@genderbridge.org

GENDER TRUST (THE)

A help group for those who consider themselves transsexual, gender dysphoric or trans-gendered. Provides trained counsellors, psychologists and psychotherapists and a there is a referral procedure to a choice of other therapists.

The Gender Trust
PO Box 3192, Brighton
BN1 3WR, ENGLAND
<http://www3.mistral.co.uk/gentrust/home.htm>
gentrust@mistral.co.uk

INTERNATIONAL FOUNDATION FOR ANDROGYNOUS STUDIES (IFAS)

Support, information, advocacy and social events. An incorporated body established to advance the health, well-being, basic rights, social equality and self-determination of persons of any age or cultural background who are transgender, transsexual, transvestite or intersex, or who are otherwise physically or psychologically androgynous and gay, lesbian and bisexual people.

PO Box 1066
Nedlands, WA, 6909, Australia
Mobile ph: 0427 853 083
<http://www.ecel.uwa.edu.au/gse/staffweb/fhaynes>
IFAS_Homepage.html
www.IFAS.org.au

IFGE INTERNATIONAL FOUNDATION FOR GENDER EDUCATION

Educational and service organ-isation designed to serve as an effective communications medium, outreach device, and networking facility for the entire TV/TS Community and those affected by the Community. Publisher of materials relevant to the TV/TS theme. Produces TV/TS journal - *Tapestry*.

PO Box 229, Waltham, MA 02254-0229 U.S.A.
<http://www.ifge.org/>
info@ifge.org

IKHLAS

IKHLAS drop in centre is a community program by Pink Triangle Malaysia. Provides an outreach project, HIV/AIDS information, counselling, medication, workshop and skill building for transgender people in Kuala Lumpur Malaysia.
PO Box 11859, 50760 Kuala Lumpur Malaysia
Tel: 6.03.2425.593
Fax: 6.03.2425.59

ITANZ INTERSEX TRUST AOTEAROA OF NEW ZEALAND

Registered non-profit charitable trust to provide a number of educational, advocacy and liaison services to intersexuals, their parents, caregivers, family, friends and partners within the Community and those affected by the Community.
PO Box 9196, Marion Square Wellington, New Zealand
Tel: (04) 4727 386 (machine only)
Fax: (04) 4727 387

PROSTITUTES COLLECTIVE OF AUCKLAND - NEW ZEALAND

PO Box 68 509,
Newton, Auckland,
New Zealand

PROSTITUTES COLLECTIVE OF CHRISTCHURCH-NEW ZEALAND

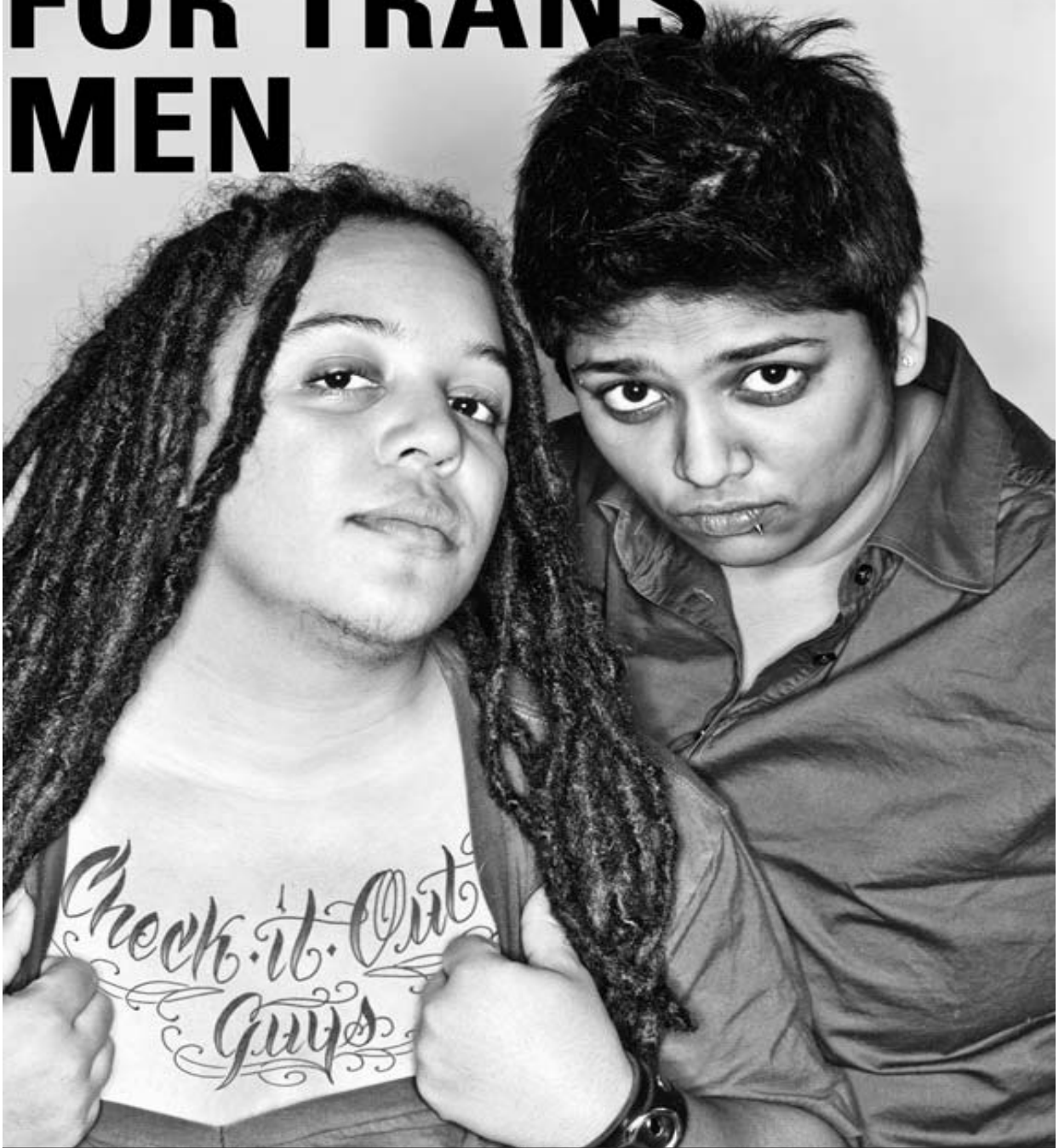
Provides a confidential service for trannies working in the sex industry.
PO Box 13 561
Christchurch,
New Zealand

PROSTITUTES COLLECTIVE OF WELLINGTON - NEW ZEALAND

Provides a confidential service for trannies working in the sex industry.
PO Box 11/412, Manner St Wellington New Zealand
Tel: (64) 4382-8791
Fax: (64) 4801-5690

Every effort has been made to include accurate and up-to-date information in this directory. To amend your listing fax (02) 9519 8200 or email the Editor on resources@gendercentre.org.au

PAPS MATTER FOR TRANS MEN



If you've ever been sexually active in any way and have a cervix you need regular Cervical Screening Tests. For more information and tips on how to make getting a CST easier, contact the **Gender Centre** on **9569 2366** or **RPA Sexual Health Centre** on **9515 1200**. Note that the test is no longer called the Pap and can be self administered. For more information call one of the numbers shown above.

The Gender Centre acknowledges with gratitude the permission granted by the Trans Mens Pap Campaign to use the content of this poster.

checkitoutguys.ca

t150

PARTNERSHIPS IN HEALTH

Open every Tuesday 2-6 PM

Level 3, 350 Albion Street, Surry Hills

t150 is an innovative specialist HIV and sexual health service providing holistic care for the transgender and gender diverse (TGD) community in a dedicated clinical space.

t150 will be staffed by a trained peer and skilled clinicians.

Services t150 offers:

- ◆ HIV, sexual health and blood-borne virus (such as Hepatitis) screening.
- ◆ HIV point of care testing.
- ◆ Immediate linkage and referral to HIV and Hepatitis C management and treatment within the service.
- ◆ Treatment of any diagnosed STIs.
- ◆ Education and provision of HIV PrEP and PEP.
- ◆ Vaccinations for Hep A and B
- ◆ Cervical screening for anyone with a cervix.
- ◆ Safer injecting education.
- ◆ Health education sexual health with aTGD specific focus.
- ◆ Transgender reproduction advice.
- ◆ Provision of health screening (weight, BP, etc.)

Appointments or Enquiries

You can make a booking by phoning Albion on 9332 9600 and selecting option 2.

Please advise the staff member you are calling for the t150 service.



Like Albion on Facebook to support t150

<https://www.facebook.com/TheAlbionCentre/>