

Polare

Mardi Gras 2018



MAGAZINE OF THE NSW GENDER CENTRE
ISSUE 114
FEBRUARY - APRIL 2018

The Gender Centre presents:

transtopia 2018

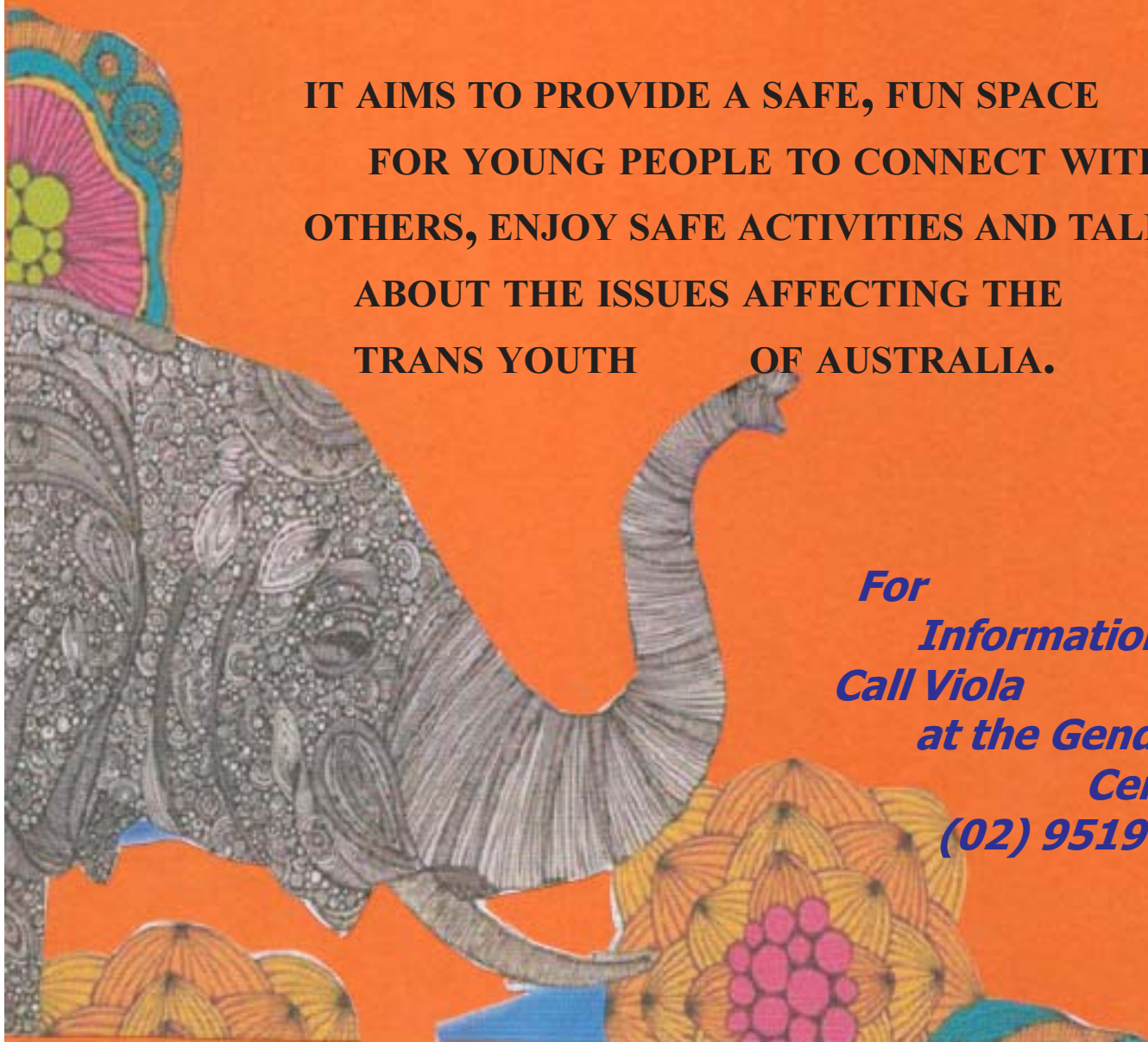
gender-questioning?

gender-queer?

‘TRANSTOPIA’ IS A MONTHLY GROUP TO BE HELD OVER TEN MONTHS IN **2018** FOR TRANSGENDER YOUTH BETWEEN THE AGES OF FOURTEEN AND NINETEEN...

IT AIMS TO PROVIDE A SAFE, FUN SPACE
FOR YOUNG PEOPLE TO CONNECT WITH
OTHERS, ENJOY SAFE ACTIVITIES AND TALK
ABOUT THE ISSUES AFFECTING THE
TRANS YOUTH OF AUSTRALIA.

*For
Information
Call Viola
at the Gender
Centre:
(02) 9519 7599*





The Gender Centre is committed to developing and providing services and activities which enhance the ability of gender diverse people with gender issues to make informed choices.

The Gender Centre is also committed to educating the public and service providers about the needs of gender diverse people.

We offer a wide range of services to gender diverse people, their partners, families and organisations, as well as service providers.

We aim to provide a high quality service which acknowledges human rights and ensures respect and confidentiality.

The Gender Centre is the place to go for confidential, free services for gender diverse people

Contact Us

41-43 Parramatta Road,
Annandale

NSW 2038

Mail to:

PO Box 266

Petersham

NSW 2049

Tel:(02) 9519 7599

**Outside Met. Sydney
1800 069 115 (9-4.30, M-F)**

Fax: (02) 9519 8200

Email:

reception@gendercentre.org.au

Website:

www.gendercentre.org.au

**The Gender Centre is staffed
9am-4.30pm Monday to Friday**

Our Services

- Support and education
- Social and support groups
- Drug and alcohol counselling
- Quarterly magazine *Polare*
- HIV/AIDS information
- Condoms and lube
- Needle exchange
- Accommodation
- Referrals to specialist counselling, medical, HIV/AIDS, education, training, employment, legal welfare, housing and other community services
- Outreach - street, home, hospital and jail
- Counselling and support groups for partners and family

Residential Service

For all enquiries relating to the residential service, please contact us.

A montage of Gender Centre participants in the 2018 Mardi Gras parade. The theme was “Under the Umbrella of Love” and the parents, transchildren and supporters demonstrated love in excelsis.

Twenty10 Inc. GLCS NSW

**Peer-based Counselling
and Social Support**

**QLife Telephone and
Web-chat Counselling
open 3.00pm to
midnight, every day of
the year**

Ph: 1800 184 527

**Face-to-face Social
Support for people of
diverse genders,
sexualities, and/or
intersex variations**

- **Drop-in service, (ages 12-25) in Chippendale**
- **Out West, (ages 12-25) in Parramatta**
- **Monthly dinner (ages 20-27) in Chippendale**
- **Men's Talking It Out Group (over 18, no upper limit) in Chippendale**
- **Women's Coming Out Group (over 18, no upper limit) in Chippendale**
- **Social Saturday (over 18, no upper limit) in Chippendale**

For dates, times and more information:

**twenty10.org.au or
(02) 8594 9550**



**Leaving PRISON is TOUGH... I
could do with some genuine
SUPPORT**

WIPAN are helping

WOMEN

EX-PRISONERS

Settle back into Life on the OUTSIDE

The WIPAN mentoring program
is a great way to get the support
you need:

- ◆ Meet face-to-face weekly
- ◆ Get assistance to locate necessary services
- ◆ Talk confidentially about life's challenges
- ◆ Enjoy activities together
- ◆ Strengthen confidence and self-esteem
- ◆ Create mutual trust and respect
- ◆ Have a positive role model
- ◆ Develop life skills

If you are interested in having a Mentor,
contact TARA at Women in Prison
Advocacy Network (WIPAN)

Ph: 02 8011 0693

Mobile: 0415 454 770

Email: mentoring@wipan.net.au

Website: www.wipan.net.au

Having a MENTOR has changed my life
... my FUTURE is BRIGHTER than ever!

February 2018 - April 2018

CONTRIBUTORS

katherine cummings, liz ceissman,
jeff taylor

REGULAR FEATURES

- 6 Editorial by Katherine Cummings
- 14 News Items of Interest
- 19 Special Interest and Support
Group Meeting Dates 2018
- 30-34 Directory

DEADLINE

for submissions to the next edition of *Polare* is
the eighth of May 2018

Editor: Katherine Cummings

THE FINE PRINT

Polare

resources@gendercentre.org.au

PO Box 266, Petersham
NSW 2049

Phone: (02) 9519 7599

Fax: (02) 9519 8200

Email: resources@gendercentre.org.au

Website: www.gendercentre.org.au

Polare is published by the Gender Centre, Inc. which is funded by Human Services - Community Services and the Sydney South West Area Health Service, and provides a forum for discussion and debate on gender issues.

Advertisers are advised that all advertising is their responsibility under the Trade Practices Act.

Unsolicited contributions are welcome although no guarantee is made by the editor that they will be published, nor any discussion entered into. The right to edit contributions without notice is reserved to the editor. Any submission that appears in *Polare* may be published on the Gender Centre's Website unless agreed otherwise.

© 2018 The Gender Centre Inc.

Polare is for people with gender issues. Opinions expressed do not necessarily reflect those of the Editor, the Gender Centre, Inc, Human Services - Community Services or the Sydney South West Area Health.

No. **114**

FEATURES

- 12 Umbrella of love: Mardi Gras 2018
by Liz Ceissman
- 20 DNA may hold key to gender
identity by Jeff Taylor
- 22 Transgender woman breastfeeds
baby
- 23 Transgender school students -
legal rights and responsibilities

SERVICES & NOTICES

Inside Front Cover: Transtopia 2018

- 4 Twenty10 Inc./GLCS NSW/
Women in Prison Advocacy Network
- 8 NSW Seahorse Society
- 10 Transgender Anti-Violence Project/
Anti-Discrimination Board
- 11 Needle Exchange
- 16 Deepwater Practice, Woy Woy
(Psychologists)/ Uniting Care
- 17 Queensland Gender Centre/ Inner
City Legal Centre/ ACON Lesbian and
Gay Anti-Violence Project
- 18 UNSW CSRH Postgraduate Research
Degrees
- 21 OII [Organisation Intersexe
Internationale]
- 20 FTMAustralia

Inside Back Cover: RPA Sexual Health
Clinic

Back Cover: t150 HIV and Sexual Health
Service

Editorial



Let us look at the nature and social structure of obsession. Why? I'm glad you asked. Because many people who seem to be otherwise quite well-informed and

sensible see transgender people as being the victims of an obsession that can only be satiated by satisfying its bizarre demands on ourselves and those around us.

Are you outraged that I should put the essential qualities by which we live, in these terms? In that case, go back and read the sentence more carefully. I was pointing out that **many** people see us this way, even if we don't, and it is incumbent on us to think the whole question of obsession through, if we are to defend our various ways of life in a rational way.

The first point to make is that obsessions only become a problem when they involve divergence from norms and rules established by society. If they are detected and considered to be important then sanctions or punishments may be imposed *de facto* or *de jure* so that good social order and conventional social discipline are preserved.

Suppose I were to develop an obsession for wearing green hats and always walking backwards.

People would notice sooner or later and if they found the behaviour was consistent, and that I refused to be argued out of my obsession but rather

defended it on the grounds that nobody was harmed by my behaviour, then I would, in all probability, be left to practice my peculiar obsession without interference.

People might mock me, or imitate me, or patronise me to my face or discuss me pityingly behind my back, but on the whole they wouldn't care, because no serious social rule was being broken.

On the other hand almost anything remotely related to sex, genitalia or gender roles has been thoroughly entangled in social mores over the millennia, although many of these mores, even if they originated from understandable origins, have now been superseded by a more pragmatic and informed way of life.

The taboo against marrying close relatives is an example, and is probably based on a belief that incestuous sexual behaviour would eventually weaken the gene pool.

We have seen the ill effects of ignoring this taboo following the incestuous couplings of the Egyptian Pharaonic families and, more recently, the prevalence of genetic problems such as hemophilia and the Habsburg jaw in the royal families of Europe, who may not have been technically incestuous but certainly relied heavily on a restricted gene pool.

In the case of people who are transgender there are several basic criticisms of our obsession to reclassify, and sometime remodel, ourselves. Some of these may have

originated in very primitive societies where it was deemed necessary to outbreed rival tribes, city-states or even nations. Practices that reduced the likelihood of newborn generations of warrior men and child-bearing women were considered perverted and contrary to divine law (whichever divine law they happened to be following at the time). The sin of onanism (masturbation) is a typical example.

Onan appears in the Bible (Genesis 38:8-10) where he is said to have “spilt his seed upon the ground”, i.e. he practised *coitis interruptus* rather than follow his father’s instruction to have sex with his brother’s widow. He refused to follow his father’s instructions because he knew that any resulting child would not be considered his, but his dead brother’s. For this dreadfully anti-social act of disobedience he was slain by God.

It is ironic that his ‘sin’ has been interpreted for generations as being masturbation when, in fact, he was practising one of the few forms of birth control considered acceptable by the Roman Catholic Church.

To this day, despite being a widespread and harmless practice, masturbation is seen as a sin and is associated with all kinds of superstitious penalties such as blindness and/or hairy palms.

The cartoonist, Larry Pickering, once drew an ongoing strip which involved a young, nubile woman falling over and hurting her elbows, which she immediately bandaged. The fact that her elbows were hidden immediately

created a mystique that impelled men to theorise that her hidden parts must be in some way mysteriously seductive and worthy of their prurient imaginings. This encouraged other women to follow the fashion of concealing their elbows and so a new fashion taboo was born (at least in Pickering’s world).

Far fetched? Not really. Consider the way the Victorian world (at least when at home in England and not exploring African jungles or tropical islands) viewed, or were not allowed to view, women’s ankles.

Why was this caveat imposed on female ankles? Everyone knew ankles existed and occasionally they would appear by accident (or seductive intention), but they were supposed to be modestly concealed. Even the lower extremities of furniture legs were ‘dressed’ so that they could not be seen!

Similarly, today everyone knows that genitalia exist in almost every human (there are exceptions to virtually every medical rule) but humans have a widespread obsession that they should, in general, be hidden.

Gradually fashion became less prescriptive and clothing became more practical. Hemlines started to rise (necklines had plunged long before, although the convention was to keep the breasts concealed under a ‘kerchief’ if the woman in question had never been called upon to breast-feed a child). The fact that this kerchief was separate from the dress it supplemented gave the villains in novels of the Eighteenth Century

endless satisfaction in plucking the kerchief away and revealing the beauty beneath.

Nor was this dastardly stratagem always unwelcome (consider Fielding's *Shamela*, for instance, which parodies Richardson's *Pamela*).

The trend toward less clothing was assisted by World War 2, when clothing materials were in short supply and clothing became skimpier and more form-fitting, a pendulum which swung back the other way when materials became plentiful after the war and designers had more freedom to create extravagant fashions. Rear-guard actions were still being fought by those who saw sex as objectionable but the pointless prohibitions against revealing the existence of anatomical parts that virtually everyone knew existed were being eroded by the growth of gender equality and the demand for freedom of choice.

The famous photograph of a Bondi beach inspector with a tape,

measuring the width at the hip of a young woman's bikini, was a subject of mockery in the 1950s, and would be even more so now.

It seems, then, that obsessions can be tolerated or condemned, and that often the condemnation comes from an erroneous belief, or an outdated cultural mandate whose social usefulness has passed. Where a case can be made that society is being harmed by the obsessive practices of an individual or minority group it is likely that legal or social sanctions will be imposed.

But there is also a moral obligation on society to ensure that the obsession they wish to punish or prevent is genuinely harmful, and that society's objections are not based on cultural prejudices, superstitions or other social taboos handed down from generation to generation without the benefit of prior critical thought.

Katherine



The NSW Seahorse Society



is a self help group based in Sydney open to all crossdressers, their relatives and friends. We offer discretion, private monthly social meetings, social outings, contact with other crossdressers, a telephone information service, postal library service and a monthly newsletter.

THE SEAHORSE SOCIETY OF NSW INC

PO BOX 2193 BORONIA PARK, NSW 2111

Call on 9601 6404 and our website is:

www.seahorsesoc.org

Email: crossdress@seahorsesoc.org



2018

FTM Australia is a peer-based national Australian network offering contact, support and information for men identified female at birth. We have provided quality reliable information since 2001.

OzGuys

Register with the FTM Australia website to access this online community based Q and A group where you can ask questions, find answers and make contact with others.

Health and Service Providers (HSP) list

Find helpful medical service providers like GPs, endocrinologists, surgeons and others to support you in your transition journey by registering with the FTM Australia website.

Torque

Subscribe to our electronic bulletin - Torque .
www.ftmaustralia.org/publications/network-news-subscribe

Australian social, medical and legal information for men transitioning female-to-male.

www.ftmaustralia.org/

stand tall
against
violence



Transgender Anti-Violence Project



Have you experienced an incident where
you felt discriminated against, harassed,
victimised or unsafe because of gender identity?

*You are not alone! And it
is NOT your fault.*

If you report transphobic incidents to us,
we can support you and try to stop it
happening to someone else.

If it is an emergency: call the police on

000. Otherwise, contact the TAVP:

ph: (02) 9519 7599, email:

tavp@gendercentre.org.au

online:www.tavp.org.au

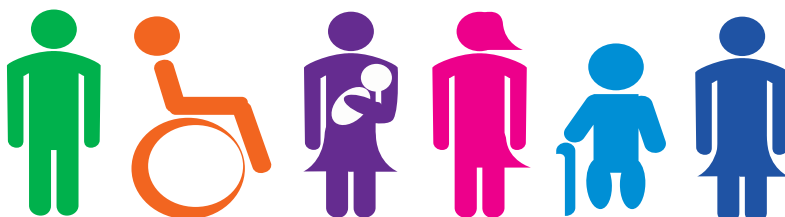
or the **Gender Centre on**

ph: (02) 9519 7599,

email: reception@gendercentre.org.au

STOP discrimination

KNOW YOUR RIGHTS



Call the
Anti-Discrimination
Board of NSW

1800 670 812

email:
adbcontact@justice.nsw.gov.au

www.antidiscrimination.justice.nsw.gov.au

Gender Centre Interest Groups

If you are M2F;
F2M; Over 55;
Queer; Transtopia
Youth Group (aged
between 14 and
19); Young Female
(under thirty-five);
or Parents of a
Transgender Child,
then there is a
group at the
Gender Centre
tailored for you.
Groups usually
meet once a
month.
Call the Gender
Centre for details.

**They haven't called, they
haven't written...**

**The Editor would like to
receive more contributions
from our readers. Letters,
articles, opinions and life
experiences are all welcome.**

FREE!
**HOME TUTORING IN READING AND
WRITING FOR ADULTS
(nights preferred)**
**Call Margot 9335 2536
or Mim 9335 2350
@ Petersham TAFE**

PARENTS OF TRANSGENDER CHILDREN

The Gender Centre hosts an information and support group for parents who have children (any age) who are transgender or gender diverse.

Meetings will be held on the second Monday of each month from 6.00pm to 8.00pm.

A light supper will be available.

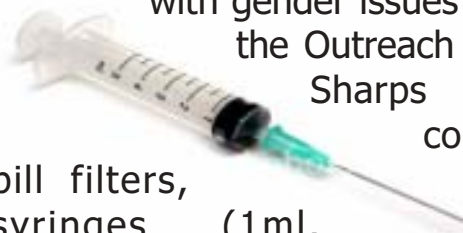
Contact Liz on 9519 7599

The Gender Centre is a Needle Exchange and operates Monday to Friday from 9.00am to 4.30pm.

A confidential free service for people with gender issues (ask for the Outreach Worker).

Sharps
containers,
pill filters,
syringes (1ml,
2.5ml, 5ml), needles (21g, 23g, 25g,
26g), condoms, spoons, water, fit
packs, swabs, dams.

Or phone the Alcohol and Drug
Information 24 hr advice,
information and referral service,
Sydney (02) 9331 2111
Country 009 42 2599



Umbrella of love: Mardi Gras 2018 by Liz Ceissman

Mardi Gras 2018 was a funfilled affair with close to eighty families and allies marching together to celebrate the love and unity they share as members of a unique population.

Under the umbrella of love was the theme of the float and true to the theme there was plenty of love shared on the day. Parents and families from as far away as Victoria came and joined us. They were all enthusiastic and in the party spirit that is Mardi Gras.

We met at Commonwealth Bank offices in the city. The staff of the Commonwealth Bank had kindly donated their time and an office location as a meeting and safe space for the participants to gather before heading to the marshalling area.

Our director, Phinn, and Lisa, one of our long-serving support mums and newest member of our Board of



Directors, presented the bank staff with a plaque thanking them for the support they have shown over the past years in providing us with a safe space before the parade.

The trek through the marshalling area was a sea of insanity as we met with well-wishers and others from the parade. People from all walks of life came up and said “Hello”, from Casey Donovan to a young person from the SES who proudly announced they were carrying the trans flag in their float.

Once we were in the marshalling area I wandered along College Street and invited people from other floats, organ-isations and communities to hold one of our signs and show their support for transgender people. The people who proudly grabbed a sign and posed for pictures included the Nurses and Midwives Association, Queer Screen, The SES, NSW Fire brigade, NSW Ambulance, The AFP (Australian Federal Police), and Wayside Chapel, to name a few. All were proud to be recognised as “transgender defenders”.



Commonwealth Bank staff with our superheroes, Savannah and Ruben



The Nurses and Midwives' Association demonstrate their solidarity

Our crew of marchers were enthusiastic and colourful as they prepared to march along Oxford street in a show of solidarity and love for their children, friends and the transgender community. Savannah looks amazing as our gender fairy and Ruben in his transgender defender cape was an amazing superhero.

The marchers with banners and the dancers with their umbrellas looked amazing as they showed the proud images of transgender inclusion, from statements of love, to the umbrellas in the colours of the Transflag. The roar and cheers of the crowd inspired our marchers and we called back and waved until our voices were hoarse and our arms hurt.

We smiled and laughed in a celebration of welcome and acceptance which was felt by everyone around us. Parents and young people alike reported that they felt energised and uplifted (albeit somewhat tired... it's a long walk when you are carrying banners) by the experience. There were no sad faces at the end of the march.

It is important to recognise that participation and co-ordination of such an event is not done in a day or two.

The volunteers from the families need to be recognised for giving up their time as they fund-raised and worked tirelessly to make the banners, organise the lights, umbrellas, clothing, music and the truck as well as all the other little things they did to ensure the safety and comfort of everyone and the success of the night.

Without their commitment, enthusiasm and drive the night would not have been the joyous celebration we shared.

A big thank you to all of these people from the staff at the Gender Centre and the families who joined you on the parade. We appreciate the work you did and the time you gave up to achieve this great outcome.

Next year is now only a few months away and I am sure once everyone has recovered we will again look to the future and start considering what 2019 and its Mardi Gras will bring and what we can bring to it.

□□□

STOP PRESS: NEWS ITEMS OF INTEREST

NZ TRANSWOMAN IN COMMONWEALTH GAMES

One of the New Zealand weight-lifting compitors in the Commonwealth Games, currently being held on the Gold Coast, is a transgender woman. She has been authorised to compete by the relevant athletic authorities although some protests have been lodged. Unfortunately she suffered an elbow injury and has withdrawn from competition.

LIFE DRAMA ON CATE MCGREGOR

A new play, "Still Point Turning", by Priscilla Jackman about the life of transwoman Cate McGregor will run from 21 April to 26 May at the Wharf 1 Theatre. Prices start at \$75.00

The Gender Centre Library

To borrow books you will need to become a member of the Library. You will need to supply personal details (phone number, address etc.)

You can make an appointment to see the Library on Monday, Wednesday or Friday by phoning 9519-7599 (ask for Katherine).



Video tapes and dvds are not for loan but can be viewed by appointment in the Gender Centre.

Books may be borrowed for three weeks.

If you are isolated for any reason and would like to have material mailed to you, let the Resource Worker (Katherine) know. Don't forget to include your mailing address!

Be Part of the Action!

Can you write? Would you like to write something for *Polare*?

We are looking for writing that expresses some of the viewpoints we seldom see, like the views of younger gender-diverse people.

Email

***resources@gendercentre.org.au* or call 9519 7599**

NUTRITIONAL SERVICES AT THE GENDER CENTRE WITH JAMES LYONS

I'm a nutritionist and I specialise in trans health, HIV/AIDS and Hep C support. Specialties aside, I work with all aspects of health for all types of people, from allergies to broken bones, from weight management to mood and memory.

I can help with general health concerns, improving food security with cheap and easy recipes, pre- and post-operative care, maximising HRT benefits and reducing side-effects, and lots more. I provide a non-judgemental space to talk about food and health.

I'll be at the Gender Centre every second Friday and the upcoming dates will be:

20 April, 4 May, 18 May, 1 June, 15 June, 29 June, 13 July, 27 July, 10 August, 24 August, 7 September, 21 September, 5 October, 19 October, 2 November, 16 November, 30 November, 14 December.

James Lyons

RPA SEXUAL HEALTH CLINIC

16 Marsden Street, Camperdown, NSW, 2050

Phone: (02) 9515 1200

- Testing, treatment and counselling for sexually transmissible infections, including HIV.
- Gay men's sexual health check-ups.
- Sex worker health checks.
- Men's and women's sexual health check-ups.
- Advice on contraception.
- Pregnancy testing and counselling.
- Free condoms and lubricant.
- Needle and syringe program and sexual health check-ups for people who inject drugs.
- Hepatitis testing and vaccination.
- Post-exposure Prophylaxis (PEP) for HIV.

WHAT HAPPENS WHEN YOU VISIT THE CLINIC FOR THE FIRST TIME?

You will be asked to fill out a registration form. The information you give us will remain confidential and kept in a numbered file. Keep this number and quote it for any test results and when making future appointments. A nurse will determine whether you need to see a doctor or nurse for a medical issue or a counsellor to discuss sexual health, safer sex or relationship issues.

FREQUENTLY ASKED QUESTIONS

Do I need an appointment? Yes, an appointment is preferable. **Do I need a Medicare card?** No, you don't. **Do I need to pay?** No, all services are free. **Do I need a referral from a doctor?** No, simply call 9515 1200 for an appointment.

Interpreters available

Change of Mailing Details?

- o Different name?
- o Different address?
- o Different gender?
- o Don't want *Polare* in the future?

My **OLD** details:

My **NEW** details:

**Mail to The Editor, *Polare*,
PO Box 266, Petersham,
NSW , 2049**

The Gender Centre Library

To borrow books you will need to become a member of the Library. You will need to supply personal details (phone number, address etc.)

You can make an appointment to see the Library on Monday, Wednesday or Friday by phoning 9519-7599 (ask for Katherine).



Video tapes and dvds are not for loan but can be viewed by appointment in the Gender Centre.

Books may be borrowed for three weeks.

If you are isolated for any reason and would like to have material mailed to you, let the Resource Worker (Katherine) know. Don't forget to include your mailing address!

Ask
UnitingCare
about how
we can help
LGBTI people
live at home
for longer

UnitingCare Ageing have a number of Home Care Packages available specifically for the benefit of the LGBTI Community.

If you are over 65 years of age, identify as LGBT and have low to high care needs, then one of these government subsidised packages could provide you with cost effective care in your own home that will help you to live independently.

For information or assistance call **1800 486 484** or visit us at unitingcareageing.org.au



For Those Who Live on the Central Coast of NSW.

The Deepwater Practice in Woy Woy, run by Melissa Turner, has agreed to bulk bill counselling clients who come with a GP referral and who mention that they are also clients of the Gender Centre.

Deepwater Practice, Unit 2, 101 Blackwall Road, Woy Woy. Ph: 4344 7386

The ACON Lesbian and Gay Anti-Violence Project can be contacted on (02) 9206 2116 or Freecall 1800 063 or avp@acon.org.au

QUEENSLAND GENDER CENTRE

The Queensland Gender Centre is run by a transsexual in Brisbane, Queensland, Australia with the aim of assisting those in need of accommodation and assistance. It is open to all those who identify as transsexuals and who are mentally stable and drug and alcohol free.

The location of the shelter is kept confidential to protect the tenants. The accommodation is in an upmarket suburb on Brisbane's upper north side.

You can stay either up to six months or twelve months and we can house up to six people at a time.

If you want more information or are interested in assisting with the project, please telephone, write or email the Queensland Gender Centre. PO Box 386, Chermside South, QLD, 4032. Tel:(07) 3357 6361

Luxe Clinic

As the Plastic and Cosmetic Surgeons at Luxe Clinic, we pride ourselves in providing a tailor-made surgical service to the transgender community.

Please visit our website for more information about our surgeons and our services.

[Please mention this ad. in Polare to receive 100% refund of your consultation fee as a credit back to your account when you book for any surgical procedure.]



**LUXE
CLINIC**

www.luxeclinic.com

1300 LUXE CLINIC (589 325)

LEGAL PROBLEMS?

The Inner City Legal Centre will be providing advice sessions for clients of the Gender Centre.

The ICLC can advise in the following areas:

family law | criminal matters | fines | AVOs | victim's compensation | employment | identity documents | police complaints | discrimination | domestic violence | sexual assault | complaints against government | powers of attorney | enduring guardianship | wills | driving offenses | credit and debt | neighbourhood disputes Sessions will be held monthly, if requested. To make an appointment please contact a Gender Centre Staff member on 9519 7599 or email reception@gendercentre.org.au. Bookings are essential.

For after-hours counselling contact Lifeline on 131 114 or Gay and Lesbian Counselling Service 5.30pm-10.30pm seven days on (02) 8594 9596 or 1800 105 527

www.glcsw.org.au



UNSW
SYDNEY

Australia's
Global
University

Explore postgraduate research with the Centre for Social Research in Health

The **Centre for Social Research in Health**

is seeking passionate, engaged and motivated applicants for our MA by Research and PhD degrees who are interested in understanding and influencing change in the fields of **health, sex, drugs and risk**.

Based in Arts and Social Sciences at UNSW Sydney, our research degrees provide the skills needed to **undertake high quality research, contribute to academic and policy debates, and inform best practice**.

We welcome applications for research into **social and cultural aspects of HIV, sexual health, sexual practices, viral hepatitis and drug use** but also encourage proposals in related areas of education, health and wellbeing, and from a diversity of social and behavioural science perspectives.

Students form an integral part of our diverse community of talented supervisors, researchers, and develop close relationships with community organisations, health and education service providers and policy makers, to inform the quality of their research and strengthen the impact and relevance of their research findings.

For more information,
contact the Postgraduate Coordinator:

Loren Brener

l.brener@unsw.edu.au

+61 2 9385 6776



Centre for Social Research in Health

Dates for Special Interest and Support Groups 2018

<p>Transtopia 14-19 yrs 5pm-7pm</p> <p>Wed May 9 Wed June 6 Wed July 4 Wed Aug 8 Wed Sep 5 Wed Oct 10 Wed Nov 7 Wed Dec 5</p>	<p>Young Women's Group 18-35 yrs 6.00pm-7.30pm</p> <p>Tue May 8 Tue June 12 Tue July 10 Tue August 14 Tue September 11 Tue October 9 Tue November 13 Tue December 11</p>	<p>FTM Connect 6.30pm-8.00pm</p> <p>Fri May 4 Fri June 1 Fri July 6 Fri August 3 Fri September 7 Fri October 5 Fri November 2 Fri December 7</p>	<p>Parent's Support Group - Sydney 6.30pm-8.30pm (doors open 6.00pm)</p> <p>Mon May 14 Mon June 4 (public holiday on 11th) Mon July 9 Mon August 13 Mon September 10 Mon October 8 Mon November 12 Mon December 10</p>
<p>Seniors' Group 1.30pm - 3.30pm</p> <p>Thursday 26 April (because of Anzac Day on the Wednesday) Wed 30 May Wed 27 June Wed 26 July Wed 29 August Wed 26 September Wed 31 October Wed 28 November</p>		<p>Queer Agenda Group 5.30pm-7.30 pm</p> <p>Fri 20 April Fri 18 May Fri 22 June Fri 20 July Fri 24 August Fri 21 September Fri 19 October Fri 23 November</p>	

DNA May Hold Key To Gender Identity by Jeff Taylor

Scientists believe they have identified genetic variants that may play a role in gender identity, supporting the theory that gender dysphoria has a physical basis.

The Times reports this is the first time such a panel of genes has been discovered, including DNA, involved in the development of nerve cells and the manufacture of sex hormones and possibly able to help explain why someone might experience their gender as different from the gender they were assigned at birth, “It lends legitimacy, if that needs to be added, to the idea that transgender is not a choice but a way of being,” said geneticist Ricki Lewis. “I think people will be excited by this.”

Dr. John Theisen, a professor of Reproductive Endocrinology, Infertility and Genetics at Augusta University, led a team of scientists who sequenced the DNA of fourteen female-to-male and sixteen male-to-female transgender people, looking for genetic variants they shared, but that were present in fewer than one in 10,000 people in the wider population. Thirty such variants were identified. Nine of those were in genes involved in the growth of brain cells, or the production of estrogen and testosterone. Dr. Theisen cautions that his research is still in its early days, with a relatively small sample

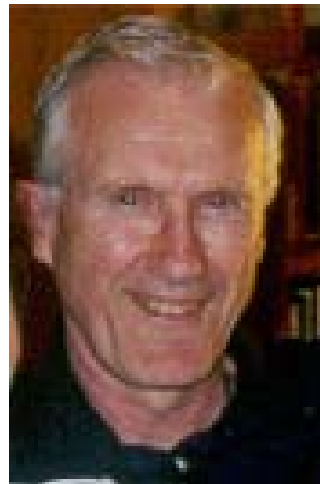


Professor Vincent Harley

size, and it has yet to be peer reviewed, but the findings line up with other studies that have found a likely physical cause for gender identity.

Vincent Harley, a molecular geneticist at the Hudson Institute of Medical Research in Victoria, Australia, who led a team that discovered transmen are more likely to have a particular variant in a testosterone receptor gene than cisgender men, said he hopes the new findings by Theisen’s team can be replicated in a larger study.

The findings were presented early in March in San Diego at a meeting of the Society for Reproductive Investigation. “There is a growing amount of scientific evidence that, within the brain, there is a biological basis for these unusual gender



Bernard Reed

identities, just as there is for being right or left-handed,” said Bernard Reed, founder and trustee of the Gender Identity Research and Education Society. “Already, this has led to a c c e p t a n c e

within the World Health Organisation and NHS that the development of an unusual gender identity is not a mental illness.” □□□

Reprinted from LGBTQ Nation, USA, March 18, 2018

Considering Surgery in Thailand?

- Sex Reassignment Surgery
- Face Feminisation Surgery
- Breast Augmentation
- Voice Feminisation
- Tummy Tuck
- Liposuction
- Fat Transfer
- World Renowned Surgeons

Contact Sarah on 02 8012 8772

or

E-mail

Sales@nasmedicaltravel.com

www.nasmedicaltravel.com

Do You Believe You Are Intersexed?

If you would like to know more and meet others like yourself then contact:

OII Australia

at **PO Box 46, Newtown,
NSW, 2042**

or at:

info@oii.org.au

or visit our website at
www.oii.org.au

HOUSE TO SHARE with one other in Sydney's beautiful Blue Mountains not far from Katoomba. Katoomba has a diverse community and is home for the Annual Transformal Event.

40's MTF transgender is looking for another transgender person to share my home.

Own room (choice of two, can help with some bedroom furniture if required) in older style brick home. House is fully furnished with wood stove and electric cooking in kitchen.

Older style bathroom but clean and tidy. Large block with big yards at quiet end of town. Close to trains and bus stop. Short walk to shops.

Off street parking but not under cover.

Gas heating, broadband and WIFI installed with telephone landline.

Looking for someone who wants to consider it home, where you can relax and be yourself.

It would suit a transgender person of similar age to my own, but I will consider any application. The applicant must have a stable income -- pension or Centrelink income are acceptable. Sorry, no couples or pets or short stays.

Rent: \$145.00 per week, plus utilities and two weeks bond (negotiable).

Please contact:

jess15332@gmail.com if you would like further information.

Except in the case of serious emergencies, please make an appointment before coming to the Gender Centre. We are glad to help you if we can, but someone else may have booked the time.

Nicolsons Electrolysis

Permanent hair removal by skilled hands

Electrolysis is still the only permanent solution for unwanted hair

Nicolsons Electrolysis provides the latest and best electrolysis technology, and many years experience with transgender individuals, to give you the fastest results

Call today to book a free consultation and 10min trial!

0416 165 475 (02) 9555 7007

Targets all hair types and colours!

Legs arms torso face bikini genital areas

Quick & permanent follicle destruction

Treats laser induced hair growth

Cost effective permanent hair removal

Over 20 years' specialist experience
(Trained in UK)

Registered Nurse (non practicing)

Daytime, evening and weekend

appointment availability

Located in Balmain in a private setting
with free parking

tg.nicolsonselectrolysis.com

TRANSGENDER WOMAN BREASTFEEDS BABY

A thirty-year-old transgender woman has breastfed her baby after having taken feminising hormones for a number of years, and using a breast pump to encourage the flow of milk. She also took a drug to stimulate milk production, and a male hormone blocker,

As a result the woman was able to produce “a modest but functional” amount of breast milk.

This was sufficient to nourish the baby for its first six weeks, after which formula milk was also used as the breast milk supply was not enough to maintain the baby’s development.

The baby has reached the age of six months and is healthy and well-nourished. She continues to be breast-fed as part of her diet. □□□

Central Coast Transgender Support

The CCTS is a totally free and unfunded service to all with gender issues. It offers guidance to all who are contemplating commencement of the medical and psychological requirements that are involved in full MTF transition under the World Professional Association for Transgender Health Standards of Care (formerly known as the Harry Benjamin Standards of Care).

.CCTGS operates Monday to Saturday 10am-10pm

Ph:0404 054 000

Email:smh101@exemail.com.au

Transgender school students – legal rights and responsibilities

Issue One Hundred and Fourteen

The Department of Education is committed to providing safe and supportive learning environments that respect and value diversity and are free from violence, discrimination, harassment and vilification. Research shows that these can have a lasting impact on both the educational and lifelong outcomes for students.

All students, including those who identify as transgender, have a right to be treated equitably and with dignity. The Department has a number of resources that support these rights including the *Student Welfare Policy* and the *Bullying: Preventing and Responding to Student Bullying in Schools Policy*. These resources promote a proactive approach to the development of positive school environments in which every student is respected and valued. Schools also have a legal duty to protect students from foreseeable harm and to do whatever is practicable to ensure their safety.

It is important to structure support to the individual needs of the students within a particular school.

Not all students who identify as transgender will require a plan to support them but it is necessary to assess the likelihood of risk to each transgender student and, where required, plan for their support.

What legal rights or protections exist for a student who has identified as transgender?

A student who has identified as transgender enjoys the same legal rights or protections afforded to all students under the duty of care,

education and work health and safety laws. Additional protections apply to such students under discrimination law. For example in NSW the Department of Education is prohibited from unlawfully discriminating against a student on transgender grounds:

(a) by refusing or failing to accept the person's application for admission as a student, or

(b) in the terms on which it is prepared to admit the person as a student.

The Department is also prohibited from unlawfully discriminating against a student on transgender grounds:

(a) by denying or limiting the student's access to any benefit provided by the educational authority, or

(b) by expelling the student or subjecting the student to any other detriment.

It does not follow that an application for enrolment from a transgender student can never be declined nor that a transgender student can never be expelled. The law only requires that the student is not subjected to unlawful discrimination.

What rights or protections does the student have under privacy legislation?

Most, if not all, of the information collected about a transgender student will be personal or health information protected by privacy legislation. While privacy legislation will not necessarily prevent school or other departmental staff from using or disclosing information for a lawful purpose, it is important wherever practicable to discuss with the student how

information will be used or disclosed. It should also be discussed with the student's parent(s) or carer unless the Principal believes on reasonable grounds that it is not in the student's best interests to do this. School and other departmental staff should seek legal advice in circumstances where parents or carers and/or the student object/s to the proposed use or disclosure of a student's personal and/or health information.

What name and gender should be used and recorded for the student at school?

Generally students are enrolled at school under the name and gender on their birth certificate. There are, however, exceptions to this position, including where a student is transgender and seeks to change the way their first name is used and recorded by the school. Principals may wish to review *Legal Issues Bulletin 20* for advice about the process to follow when this issue arises. Students should then be referred to by the name they are enrolled under. The pronoun used to describe the student (he/she, him/her) should be consistent with the gender adopted by the school. The Department's Code of Conduct and the individual school's discipline and welfare policy should be utilised where staff or students deliberately or repeatedly use names or pronouns other than the one identified by the student concerned.

What uniform should the student wear at school?

The Department's School Uniform Policy encourages schools to consider

individual student circumstances when considering the school's uniform. Many schools have developed unisex uniforms that are not gender specific. Students who identify as transgender should be allowed to choose from the uniform options available at the school.

All students are required to wear items identified as necessary for particular activities, e.g. closed in shoes for practical food technology classes. A school uniform should meet requirements of work health and safety and anti-discrimination legislation.

What should schools consider when planning to support a student who has identified as transgender?

Support needs will vary from student to student. It is important to consult with the student and his/her parents or carers where practicable when planning for the student's support unless the Principal believes on reasonable grounds that it is not in the student's best interests to do this (for example a court order has removed a parent's parental responsibility for that student).

Where reasonably practicable, the student should be treated on the same basis as other students of the same identified gender.

Consideration should be given to each activity the student is involved in at school. It is important to consider and, as necessary, plan ahead for any key transition points in the student's schooling.

Risks arising from these activities should be identified and assessed and strategies to eliminate or minimise the

identified risks should be implemented so far as is reasonably practicable.

Staff must be consulted where they are also potentially at risk. Activities to be considered may include:

- Use of toilet and change room facilities
- Excursions including overnight excursions
- School sport
- Curriculum
- Health care planning and
- Gender transitioning while at school.

Toilets, showers and change rooms

Toilets, showers and change rooms are specific to each school. An assessment of the risk posed to the student by using the toilets of their identified gender must be undertaken. If an identified risk to the student cannot be satisfactorily eliminated or minimised then other arrangements should be made.

The need for the student to be safe is a paramount concern in these circumstances.

Students should not be required to use the toilets and change rooms used by persons of the sex they were assigned at birth if they identify as a different gender. Alternative arrangements may include using staff toilets or unisex toilets where possible.

The exclusion of students who identify as transgender from the toilet or change rooms of their identified gender must be regularly reviewed to determine its continuing necessity.

If other students indicate discomfort with sharing single-sex facilities (toilets or change rooms for example) with a student who identifies as transgender, this should be addressed through the school learning and support team.

Excursions including overnight excursions

An assessment of risk is normal procedure for all excursions. Ordinarily a student who identifies as transgender should use the facilities of their identified gender or unisex facilities when available. In some circumstances it may be appropriate to arrange private sleeping quarters.

School Sport

A student who identifies as transgender should be permitted to participate in most school based sports as their identified gender. Where the sport is competitive and the student is under twelve they should compete as their identified gender.

Most students will be able to continue to participate in competitive sport in their identified gender after they have turned twelve. It may be lawful to exclude students aged twelve and over from competing in certain sports at the elite level. Confidential case-by-case evaluation should occur.

Curriculum

All teachers should be respectful and inclusive of all students' individual learning identities. Gender identity may be discussed in many curriculum areas including Personal Development, Health and Physical Education (PDHPE) classes following syllabus

guidelines. Teachers should treat the topic in a manner that is respectful, inclusive and positive.

Health care planning

Students undergoing a gender transitioning process will do so over time and in consultation with health care professionals. The process may or may not include medical treatment.

The Student Health in NSW Public Schools policy should be applied by schools in relation to medication or any other health care needs the student may have.

Gender transitioning while at school

When students advise of their intention to gender transition, schools need to provide a safe and supportive environment.

It is often useful to set a date of gender transition for the student (in consultation with the student and his/her parent/carer) at the point of return from holidays.

This allows an immediate visible change even though the process of change will occur over a longer period of time.

The school counsellor is likely to have an important role to play in supporting the student and their family.

This could include liaising with the school and health professionals, especially in cases where the student may be experiencing difficulties in their personal relationships with family and friends.

Staff may need additional professional development to enable them to successfully support the student.

The welfare and educational needs of the student are of primary importance and should be the focus of all actions taken by the school.

What communication strategies may need to be implemented to support the student?

Communication strategies should potentially be developed and implemented for:

- the school and the student and his/her parents or carers;
- the student and his/her friendship group;
- other students and school staff;
- the broader school community; and (potentially) the media.

The student and his/her parents or carers

Ongoing, open and transparent communication between the school, and the student and his/her parents or carers is an essential part of providing the student with a safe and successful education unless the Principal believes that it is not in the student's best interest to involve the parents or carers.

A point of contact should be established within the school and the parents/carers and student encouraged to provide the school with relevant information.

Parents and the student should be encouraged to advise the school promptly of any new or changed information, issues or incidents that occur at the school.

It is also important to encourage parents and the student to advise the school of any relevant incidents that occur outside of school.

For example it is important for the school to be advised if there has been an incident involving the student and others students on a non-school day in order to review any plans for supporting the student at school.

The student and his or her friendship group

A student who identifies as transgender may need to discuss issues with the school counsellor (or staff member nominated by that student) such as informing friendship groups and other peers if they choose to do so. Depending on the circumstances it may also be necessary to provide support to students in the friendship group.

Other students

Students may be curious, or confused if one of their peers discloses that he or she identifies as transgender. They should be reassured that the student deserves the same respect and courtesy that they would extend to any other person. Other students may have questions about the student who has identified as transgender, particularly when the student has transitioned while they are at the same school.

Staff should be provided with suggested answers to these questions. These responses should promote acceptance but will vary according to the student's individual circumstances.

The school counsellor and/or District Guidance Officer can assist in developing these responses.

The Legal Services Directorate may be of assistance if legal issues arise. Consideration should be given to how

gender diversity is currently dealt with in the school and whether further action is necessary to reinforce the need for tolerance and respect for diversity.

Staff

It is important to identify the staff who need to have more detailed knowledge about the student in order to provide a safe and supportive learning environment.

This is likely to include the principal, school counsellor and year advisor (where the student is in high school). Depending on the circumstances it may also include classroom teachers and other staff that need the information in order safely to provide the student with learning and support.

It is important to remind staff that a student who identifies as transgender has the same rights to learning in a safe and supportive environment as all other students and that additional support for the student may be necessary.

It is also important to remind staff of their professional obligations in their dealings with all students and particularly with students who may be more vulnerable.

Staff may need additional professional development to support the student. Consideration should be given to what professional development staff may need while planning for the student's enrolment and/or transition.

Assistance can be obtained from the Student Engagement and Interagency Partnership Directorate in identifying possible sources of professional development.

The broader school community

On occasions it is helpful if school staff are provided with school-developed responses to enquiries from the broader school community. The school should consult with the students who identify as transgender and their parents to develop these responses.

Media

The school should respond to any external enquiries about students who identify as transgender with respect for the student's privacy, as with enquiries about all students. Any media enquiries should be referred to the Media Unit on (02) 9561 8501.

What support should be offered to any siblings, or the extended family of the student who has identified as transgendered?

Siblings and the student's extended family may find the student's transition challenging and be adversely affected by the impact of the student's transition on their family. Siblings and other family members can also experience bullying behaviour from peers and others as a consequence of the student's transition. Strategies to address this should be implemented across the schools in which the student who has identified as transgender or their affected family members are known to have enrolled.

When a sibling, or a member of the student's extended family, attends a non-government school it may be helpful to work with that school to coordinate support for the student and her/his family.

Consent should ordinarily be sought from the student's parents or carers to

allow this information exchange and coordination to occur. Where this consent is not able to be obtained and information related to the safety, welfare or wellbeing of the student or his/her siblings or extended family is needed to help with decision making, planning, assessment or service provision then the Children and Young Persons (Care and Protection) Act 1998 can be used to seek and/or provide information and also to coordinate services. The school counsellor may be able to assist in this regard.

What reporting requirements may apply to this situation?

On rare occasions a parent's or carer's response to a student identifying as being transgender could give rise to a reasonable suspicion that the student is at suspected risk of harm.

This could relate to the parent's stated response to the child identifying as transgender but other risk factors may be present. School staff should inform their Principal of any concerns about a student who may be at suspected risk of harm. Principals need to consider whether a report to Community Services or contact with the Department's Child Wellbeing Unit or some other action is required.

The *Mandatory Reporter Guide* can help with this decision. If in doubt contact can be made with the Department's Child Wellbeing Unit. The Department's Protecting and Supporting Children and Young People Policy and Procedures also provides guidance about responding to child protection issues.

What if I am the Principal of a single sex school?

If the student is seeking enrolment at a single sex school, a decision about her or his eligibility to enrol should be made on the basis of his or her identified gender.

If the student is already attending school advice should be sought from the Legal Services Directorate.

What record keeping requirements apply to this situation?

It is critically important to maintain appropriate official records when supporting a student who has identified as being transgender. These include records of:

- information provided by health care professionals or other professionals involved in providing support to the student;
- meetings of the school learning and support team, copies of programs and where applicable units of work from year advisors or other staff used to raise awareness among students;
- staff training and orientation (including briefing of casual staff); consultation with parents or carers, students, staff and others as appropriate during the development of learning and support plans for the student;
- the development and implementation of plans to provide the student with learning and support (including any health care planning) and their later review.

It is also important to keep a record of who has been provided with the current version of the plan. Schools must

observe any requirements imposed by privacy legislation with most records other than risk assessment and management strategies being kept secure and accessible only to staff who need to see them. Staff should contact the Records Management Centre of Expertise (CoE) (Intranet only) if they have specific records-related queries.

What assistance is available to schools within the Department to support them through this process?

The Principal Education Officer, Learning and Engagement Coordinator can be contacted to provide advice. Legal Services can also be contacted for legal advice.

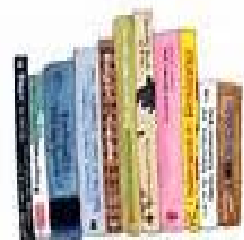
Note that forms of identification (library cards, travel passes, permissions etc.) should be made out in the preferred names of the students.



Gender Centre Library Appeal

If you have books you no longer need and feel they would be of interest to the Gender Centre clientele, we would be very glad to receive them, process them, and place them in the Gender Centre Library for Gender Centre users to read, for entertainment or information.

Contact Katherine on 9519 7599 (Wed, Thur or Friday) or just drop them in marked to her attention. Thanks!



Directory

A.C.T.

A GENDER AGENDA

works with the sex and gender diverse community. This includes transsexuals, transgender people, intersex people, cross-dressers and other non-gender conforming people. We acknowledge the important role that partners, family members and allies play and these people are specifically welcomed as part of our community.

PO Box 4010, Ainslie, ACT, 2602 Ph: (02) 6162 1924
Fax: (02) 6247 0597
Email: support@genderrights.org.au
Website: www.genderrights.org.au

AIDS ACTION COUNCIL OF ACT

The AIDS Action Council of the ACT provides information and education about HIV/AIDS, caring, support services for people living with HIV/AIDS.

Havelock House, 85 North-bourne Ave, Turner, ACT 2612
PO Box 5245, Braddon, ACT 2601
Tel: (02) 6257 2855
Email: contact@aidsaction.org.au

SWOP ACT (SEX WORKER OUTREACH PROJECT)

Provides services for people working in the sex industry in the ACT.
Westlund House,
16 Gordon Street, Acton,,
ACT, 2601
GPO Box 229, Canberra, ACT, 2601
Tel: (02) 6247 3443
Fax: (02) 6257 2855
E-mail: aacswoop@aidsaction.org.au

NEW SOUTH WALES

NSW GENDER CENTRE

Counselling

Provides counselling to residents and clients living in the community. For more information or an appointment contact the Counsellor on 9519 7599 between 10am - 4.30pm.

Outreach service

Available to clients in the inner city

area on Tuesday nights from 6.00pm-2.00 a.m. and on Thursdays 10.00am-5.30pm by appointment only. Monday and Wednesday afternoons and Friday: 10.00am-4.30pm. Also available to clients confined at home, in hospital or gaol - by appointment only. For an appointment contact Outreach Worker - 9519 7599.

Sex workers:

Safe sex aids, education and support. Outreach service: Wednesday nights 5.00pm-12.00 midnight

Social and support service

Provides social and support groups and outings, workshops, forums and drop-ins. For more information contact the Social and Support Worker. 9519 7599

Resourcedevelopment service

Produces a range of print resources on HIV/AIDS, medical and other information relevant to people with gender issues and their service providers, including a quarterly magazine *Polare* and a regularly updated website at:

www.gendercentre.org.au

For more information contact the Information Worker Wed-Fri 9519 7599

Drug and alcohol service

Provides education, support and referral to a broad range of services - By appointment only. For an appointment contact the Outreach Worker 9519 7599

Residential service

Provides semi-supported share accommodation for up to eleven residents who are sixteen years of age or over. Residents can stay for up to twelve months and are supported as they move towards independent living. A weekly fee is charged to cover household expenses. Assessments for residency are by appointment only

and can be arranged by contacting the Counsellor, Outreach Worker or 9519 7599.

For partners, families and friends

Support, education and referral to a wide range of specialist counselling, health, legal, welfare and other community services are available for partners, families and friends of people with gender issues. For more information contact the Social and Support Worker 9569 2366.

For service providers, employers and others

Advice, support and workshops are also available to employers, service providers, students and other people interested in gender issues. For more information contact the Manager, Gender Centre, 41-43 Parramatta Road, Annandale or PO Box 266, Petersham, NSW, 2049
Tel: (02) 9569 2366
Fax: (02) 9569 8200
manager@gendercentre.org.au
www.genercentre.org.au

2010 - See Twenty10

ACON HEALTH LTD

Information and education about HIV/AIDS, caring, support for living living with H I V / A I D S .
41 Elizabeth St, Surry Hills, NSW 2011 or POBox 350 Darlinghurst, NSW 1300
Ph: (02) 9206 2000
Fax: (02) 9206 2069
tty: (02) 9283 2088

ACON-HUNTER

129 Maitland Road or PO Box 220, Islington, 2296
Ph: (02) 4927 6808
Fax: (02) 4927 6845
hunter@acon.org.au
www.acon.org.au

ACON-MID-NORTH COAST

Shop 3, 146 Gordon St
Port Macquarie NSW 2444
Tel: (02) 6584 0943

Fax: (02) 6583 3810
mnc@acon.org.au

ACON-NORTHERN RIVERS

27 Uralba Street
Lismore NSW 2480
PO Box 6063
South Lismore NSW 2480
Tel: (02) 6622 1555

**AFAO (AUSTRALIAN
FEDERATION OF AIDS
ORGANISATIONS)**

National AIDS lobby and safe sex
promotion organisation.
PO Box 51
Newtown 2042
Tel: (02) 9557 9399
Fax: (02) 9557 9867

ALBION STREET CENTRE

HIV testing, clinical management,
counselling and support, treatment
and trials for HIV/AIDS.
Tel: (02) 9332.1090
Fax: (02) 9332.4219

ANKALI

Volunteer project offering emotional
support for People Living with HIV/
AIDS, their partners, friends and car-
ers. One on one grief and bereave-
ment service.

Tel: (02)9332.1090
Fax: (02) 9332.4219

**BOBBY GOLDSMITH FOUNDATION
(BGF)**

Provides direct financial assistance,
financial counselling, employment
support and supported housing to
people in NSW disadvantaged as a
result of HIV/AIDS
Ph: (02) 9283 8666
free call 1800 651 011
www.bgf.org.au
bgf@bgf.org.au
Mon-Fri 9.00am-5.00pm
Tel: 4226 1163:Fax: 4226 9838
illawarra@acon.org.au
47 Kenny St, Wollongong, 2500
POB 1073, Wollongong, 2500

Mid North Coast

Outreach project: by appointment
Tel: 6584.0943
Fax: 6583.3810
4 Hayward Street, Port Macquarie,
2444
POB 1329, Port Macquarie, 2444

BREASTSCREEN

Phone 132050

**CELLBLOCK YOUTH HEALTH
SERVICE**

Provides free, safe and confidential
support, counselling and health services
for young people aged 12 to 24. We
offer support, information and someone
to talk to about your relationships, family
problems, school, sex, mental and
physical health, accommodation and
money, drugs and alcohol, and more...
No referral or Medicare card needed. All
services are free!

Open Mon-Fri 9 am - 5 pm
Closed wed 9 am - 11.30 am
288 Abercrombie Street, Redfern, NSW,
2008
Tel: 9562 5640
Email: youthblock@sswahs.nsw.gov.au

**CENTRAL TABLELANDS
TRANSGENDER
INFORMATION SERVICE**

Provides information and directions
for anyone seeking medical or
psychological assistance in changing
gender. Provides information on
gender friendly services available in
the Bathurst, NSW Area. Provides
support and understanding for
families and friends in a non-
counselling atmosphere.

Operates 9 am - 8pm Mon - Fri
Tel: 0412 700 924

**(CSN) COMMUNITY SUPPORT
NETWORK**

Transport and practical home based
care for PLWHA. Volunteers
welcome. Training provided.

Sydney Mon-Fri 8.00am-6.00pm
9 Commonwealth St, Surry Hills
Tel: (02) 9206.2031
Fax: (02) 9206.2092
csn@acon.org.au
PO Box 350 Darlinghurst NSW 1300

**Western Sydney and Blue
Mountains**

Mon-Fri 9.00am-5.00pm
Tel: 9204 2400
Fax: 9891 2088
csn-westsyd@acon.org.au
6 Darcy Rd, Wentworthville, 2145
PO Box 284, Westmead, 2145

Hunter

Mon-Fri 9.00am-5.00pm
Tel: 4927 6808\Fax 4927 6485
hunter@acon.org.au
129 Maitland Road, Islington, 2296
PO Box 220, Islington, 2296
Mackillop Centre - Hunter
Training and development opportunities

for PLWHA
Tel: 4968 8788

FTMAustralia

Contact, support and information
for all men (identified *female* at
birth), their families, partners, and
service providers. Contact
FTMAustralia for more information:
PO Box 488, Glebe, NSW, 2037.
www.ftmaustralia.org
mail@ftmaustralia.org

**GAY AND LESBIAN COUNSELLING
SERVICE OF NSW (GLCS)**

A volunteer-based community service
providing anonymous and confidential
telephone counselling, support,
information and referral services for
lesbians, gay men, bisexual and
transgender persons (LGBT) and
people in related communities.
Counselling line open daily from
5.30pm to 10pm daily (02) 8594 9596
(Sydney Metro - cost of local call,
higher for mobiles). 1800 184 527
(free call for regional NSW callers
only). Admin enquiries: (02) 8594
9500 or admin@glcnsw.org.au
Website: www.glcnsw.org.au

HOLDEN STREET CLINIC

Sexual Health Clinic is staffed by
doctors, sexual health nurses, a
clinical psychologist and an
administration officer.

Mon, Tue, Wed. 9.00am-5.00pm
(closed 12.15pm-1.00pm for lunch)
Men's Clinic Thursday evenings
5.00pm-8.00pm
Appointments preferred (02) 4320
2114

Ground Floor 69 Holden St, Gosford
2250

Tel:(02) 4320 2114

Fax: (02)4320 2020

INNER CITY LEGAL CENTRE

Available to discuss any legal
matter that concerns you.

Ph: (02) 9332 1966

INTERSECTION

Coalition group of lesbian, gay,
transgender and other sexual
minority groups and individuals
working for access and equity within
local community services and their
agencies.

Christine Bird (02) 9525.3790
PO Box 22, Kings Cross, NSW, 1340

Tel: (02) 9360.2766

Fax: (02) 9360.5154

Directory

KIRKETON ROAD CENTRE

Needle exchange and other services

Clinic Hours:

Mon, Tue, Thu, Fri, 10am - 6pm

Wed 12 noon-6pm

Weekends and public holidays, 10am

- 1.45pm (NSP & methadone only)

Outreach Bus - Every Night

100 Darlinghurst Road

(Entrance above the Kings Cross Fire Station Victoria Street

Clinic 180

180 Victoria Street, Potts Point, 2011

Tel: (02) 9357 1299

Fax: (02) 9380 2382

Clinic 180 open

Monday to Saturday

1.30pm-9.00pm

Needle syringe program

Condoms

Monday to Friday

1.30pm-9.00pm

Sexual health screening HIV screening hepatitis C testing, hepatitis B testing and vaccination

First aid and wound care

Counselling and social welfare assistance

Drug and alcohol assessment and referral

LES GIRLS CROSS-DRESSERS GROUP

An independent peer support group for transgender people. Free tuition, job assistance, friendship and socials, general information. Bi-monthly meetings.

Coordinator,

PO Box 504 Burwood NSW 2134

(MCC) METROPOLITAN CHURCH

MCC Sydney is linked with

MCC churches in Australia as part of an international fellowship of Christian churches with a social concern for any who feel excluded by established religious groups. MCC deplores all forms of discrimination and oppression and seeks to share God's unconditional love and acceptance of all people, regardless of sexual orientation, race or gender.

96 Crystal St, Petersham, 2049

Phone (02) 9569 5122

Fax: (02) 9569 5144

Worship times:

10.00 am and 6.30 pm

office@mccsydney.org

<http://www.mccsydney.org.au>

MOUNT DRUITT SEXUAL HEALTH CLINIC

Provides free, confidential and respectful sexual health information, assessment, treatment and counselling.

Tel: (02) 9881 1206

Mon 9.00am-4.00pm

Wed 9.00am-1.00pm

Fri 9.00am-1.00pm

NEWCASTLE SWOP

SWOP at Newcastle has a Mobile Sexual Health Team
4927 6808

NORTHAIDS

A community based organisation providing step down and respite care for PLWHA on the Northern Beaches.
Tel: (02) 9982 2310

OPEN DOOR COMMUNITY OF CHRIST

The Open Door Community of Christ is a church for everyone! We meet every Sunday at 6.00pm. Based in Sydney's west, at Cranebrook, the Open Door has been serving the LGBTIQ community for the past fifteen years. The Western Sydney Transgendered Support Group and the Western Sydney Coming Out Group are sponsored by the Open Door. Bj's cafe is held on Wednesdays from 11.00am-1.00pm. The Youth Is Knocking youth group is held monthly with accredited facilitators.

Contact Pastor Sue Palmer

0411330212 or

pastorsue@theopendoor.org.au

for further information, or check the web page

www.theopendoor.org.au

PARRAMATTA SEXUAL HEALTH CLINIC

provides free, confidential and respectful sexual health information, assessment, treatment and counselling.

Level 1, 162 Marsden (cnr. George St)

Parramatta, 2150

Ph: (02) 9843 3124

Mon, Wed, Fri, 9.00am-4.00pm

Tue 9.00am-1.00pm

Fri 9.00am-4.00pm

PLWHA (PEOPLE LIVING WITH HIV/AIDS)

PO Box 831, Darlinghurst, NSW, 2010

Ph: (02) 9361 6011

Fax: (02) 9360 3504

www.plwha.org.au

PO Box 187,

Katoomba, NSW, 2780

Ph: (02) 4782 2119

www.hermes.net.au/plwha/

plwha@hermes.net.au

POSITIVE WOMEN

Can offer one-on-one support for HIV positive transgender women. Contact Women and AIDS Project Officer or Women's HIV Support officer at ACON.

Ph: (02) 9206 2000

www.acon.org.au/education/womens/campaigns.htm

RPA SEXUAL HEALTH CLINIC

provides a free and confidential range of health, counselling and support services.
Ph: 9515 1200

SAGE FOUNDATION

(Sex and Gender Education Foundation)

A voluntary lobbying organisation made up of gender variant people to lobby the government to ensure equal treatment in all respects of life. SAGE is non-profit. All welcome.

Ph: 0421 479 285

Email:

SAGE_Foundation@yahoo.com

**(SWOP) SEX WORKERS
OUTREACH**

**TRANSGENDER
SUPPORT PROJECT**

Provides confidential services for people working in the NSW sex industry. Lvl 4, 414 Elizabeth St, Surry Hills, NSW, 2010
PO Box 1354
Strawberry Hills NSW 2012
Tel: (02) 9206 2159
Fax: (02) 9206 2133
Toll free 1800 622 902
infoswop@acon.org.au
www.swop.org.au

SEAHORSE SOCIETY OF NSW

The Seahorse Society is a non-profit self-help group funded by members' contributions. Open to all crossdressers, their relatives and friends. We offer discretion, private monthly social meetings, outings, contact with other crossdressers, a telephone information service, postal library service and a newsletter.
PO Box 2193 Boronia Park, NSW, 2111 or Ph: 9601 6404

SYDNEY MEN'S NETWORK

Welcomes FTM men.
PO Box 2064, Boronia Park, 2111
Tel: 9879.4979 (Paul Whyte)
paulwhyte@gelworks.com.au

**SYDNEY SEXUAL HEALTH
CENTRE**

Provides free, confidential health services, including sexual function, counselling and testing and treatment of STDs, including HIV.
Level 3, Nightingale Wing, Sydney Hospital, Macquarie Street, Sydney, NSW, 2000
Ph: (02)9382 7440 or freecall from outside Sydney 1800 451 624.
(8.30am-5.00pm)
Fax: (02) 9832 7475
sshc@sasahs.nsw.gov.au

**SYDNEY WEST HIV/HEP C
PREVENTION SERVICE**

Needle and syringe program
162 Marsden St, Parramatta, NSW 2150
Ph: (02) 9843 3229
Fax: (02) 9893 7103

TOWN & COUNTRY CENTRE

Drop In Centre - Weekly Coffee Nights - 24 hour ph line - regular social activities - youth services - information, advice and referral - safer sex packs and more! - for bisexual, transgender folks and men who have sex with men
80 Benerambah Street, Griffith PO Box 2485, Griffith, NSW 2680

Tel: (02) 6964.5524
Fax: (02) 6964.6052
gls@stealth.com.au

**TWENTY10 INCORPORATING
GLCS NSW**

Twenty10 incorporating GLCS is a Sydney-based organisation supporting people of diverse genders, sexualities and intersex variations (LGBTIQA+) across New South Wales. We provide a broad range of specialised services for young people 12-25 including housing, mental health, counselling and social support. For adults, we provide social support and for people of all ages we offer telephone support and webchat as the NSW provider for the national QLife project. We also offer inclusivity training and consulting for organisations and service providers across most sectors.
Intake and support: (02) 8594 9555
Rural support: 1800 652 010
Admin: (02) 8594 9550
Email: info@twenty10.org.au
Website: twenty10.org.au

**WOMENS AND GIRLS EMERGENCY
CENTRE**

174 Redfern Street, Redfern
Tel: (02) 9319 4088

National

**(ABN) AUSTRALIAN BISEXUAL
NETWORK**

National network of bisexual women and men, partners and bi- and bi-friendly groups. ABN produces a national magazine, houses a resource library and is a member of the International Lesbian and Gay Association (ILGA).
PO Box 490, Lutwyche QLD 4030
Tel: (07) 3857 2500
1800 653 223
ausbinet@rainbow.net.au
www.rainbow.net.au/~ausbinet

**AIS SUPPORT GROUP
(AUSTRALIA)**

Support group for Intersex people and their families. We have representatives in all Australian States.
PO Box 1089
Altona Meadows, VIC, 3028
Tel: (03) 9315 8809
aissg@iprimus.com.au
www.vicnet.net.au/~aissg

AUSTRALIAN WOMAN NETWORK

Australian WOMAN Network is primarily a lobby and health support group for people who experience the condition of transsexualism, their families, friends and supporters. There are email discussion lists for members as well as a bulletin board for both public and member-only access.
www.w-o-m-a-n.net

CHANGELING ASPECTS

Organisation for Transsexual people, their partners and families. For information, please write or call.
email:knoble@iinet.net.au
www.changelingaspects.com

FTMAustralia

Resources and health information for all men (identified *female* at birth), their partners, family and service providers. Contact FTM Australia for more information.
PO Box 488, Glebe, NSW, 2037
www.ftmaustralia.org
mail@ftmaustralia.org

**NATIONAL LGBTI HEALTH
ALLIANCE**

Office: (02) 8568 1110
Fax: (02) 8212 9013
PO Box 51, Newtown, NSW, 2042
www.lgbtihealth.org.au

QLIFE

QLife is Australia's first nationally oriented counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI). QLife provides nationwide early intervention, peer supported telephone and web-based services to people of all ages across the full spectrum of people's bodies, genders, relationships, sexualities and lived experiences.
Open 3.00pm to midnight every day of the year. Call 1800 184 527 or visit qlife.org.au for web chat.

Directory

International

AGENDER NEW ZEALAND

A caring national support organisation for Cross/Transgender people, their partners and families. For a detailed information pack, please contact:
Email: president@agender.org.nz
www.agender.org.nz

BEAUMONT SOCIETY

Non-profit organisation for crossdressers throughout Great Britain. Social functions, counselling and a contact system for members. Provides a magazine - Beaumont magazine
BM Box 3084 London WC1N 3XX England
www.beaumontsociety.org.uk/

BEAUMONT TRUST

The Trust is a registered charity, the aim of which is the support of transvestites, transsexuals, their friends and families. It fosters research into both psychological and social aspects of transvestism and transsexualism and can provide speakers to address other organisations. It produces literature and arranges workshops, develops befriending facilities and assists with conferences.

The Beaumont Trust, BM Charity, London WC1N 3XX,

<http://www.mistral.co.uk/gentrust/bt.htm>

CROSS-TALK

The transgender community news & information monthly.
PO Box 944, Woodland Hills CA 91365 U.S.A.

FTM INTERNATIONAL

A group for female to male transgender people. Provides a quarterly newsletter - FTM.
160 14th St
San Francisco, CA, 94103
<http://www.ftmi.org/info@ftmi.org>

FTM NETWORK UK

A support group for female to male trans people. Provides a newsletter - *Boys' Own*
FTM Network, BM Network, London, WC1N 3XX, England.
www.ftm.org.uk

GENDERBRIDGE Inc.

Support and Social Society for people with gender identity issues, their families, partners and professionals involved in care, treatment and counselling.

PO Box 68236, Newton, 1145, New Zealand

Phone: (64) (09) 0800 TGHELP (0800.84.4357) (24 hrs)
www.genderbridge.org
info@genderbridge.org

GENDER TRUST (THE)

A help group for those who consider themselves transsexual, gender dysphoric or trans-gendered. Provides trained counsellors, psychologists and psychotherapists and a there is a referral procedure to a choice of other therapists.

The Gender Trust
PO Box 3192, Brighton
BN1 3WR, ENGLAND
<http://www3.mistral.co.uk/gentrust/home.htm>
gentrust@mistral.co.uk

INTERNATIONAL FOUNDATION FOR ANDROGYNOUS STUDIES (IFAS)

Support, information, advocacy and social events. An incorporated body established to advance the health, well-being, basic rights, social equality and self-determination of persons of any age or cultural background who are transgender, transsexual, transvestite or intersex, or who are otherwise physically or psychologically androgynous and gay, lesbian and bisexual people.

PO Box 1066
Nedlands, WA, 6909, Australia
Mobile ph: 0427 853 083
<http://www.ecel.uwa.edu.au/gse/staffweb/fhaynes>
IFAS_Homepage.html
www.IFAS.org.au

IFGE INTERNATIONAL FOUNDATION FOR GENDER EDUCATION

Educational and service organisation designed to serve as an effective communications medium, outreach device, and networking facility for the entire TV/TS Community and those affected by the Community. Publisher of materials relevant to the TV/TS theme. Produces TV/TS journal - *Tapestry*.

PO Box 229, Waltham, MA 02254-0229 U.S.A.

<http://www.ifge.org/>
info@ifge.org

IKHLAS

IKHLAS drop in centre is a community program by Pink Triangle Malaysia. Provides an outreach project, HIV/AIDS information, counselling, medication, workshop and skill building for transgender people in Kuala Lumpur Malaysia.
PO Box 11859, 50760 Kuala Lumpur Malaysia
Tel: 6.03.2425.593
Fax: 6.03.2425.59

ITANZ INTERSEX TRUST AOTEAROA OF NEW ZEALAND

Registered non-profit charitable trust to provide a number of educational, advocacy and liaison services to intersexuals, their parents, caregivers, family, friends and partners within the Community and those affected by the Community.
PO Box 9196, Marion Square Wellington, New Zealand
Tel: (04) 4727 386 (machine only)
Fax: (04) 4727 387

PROSTITUTES COLLECTIVE OF AUCKLAND - NEW ZEALAND

PO Box 68 509,
Newton, Auckland,
New Zealand

PROSTITUTES COLLECTIVE OF CHRISTCHURCH-NEW ZEALAND

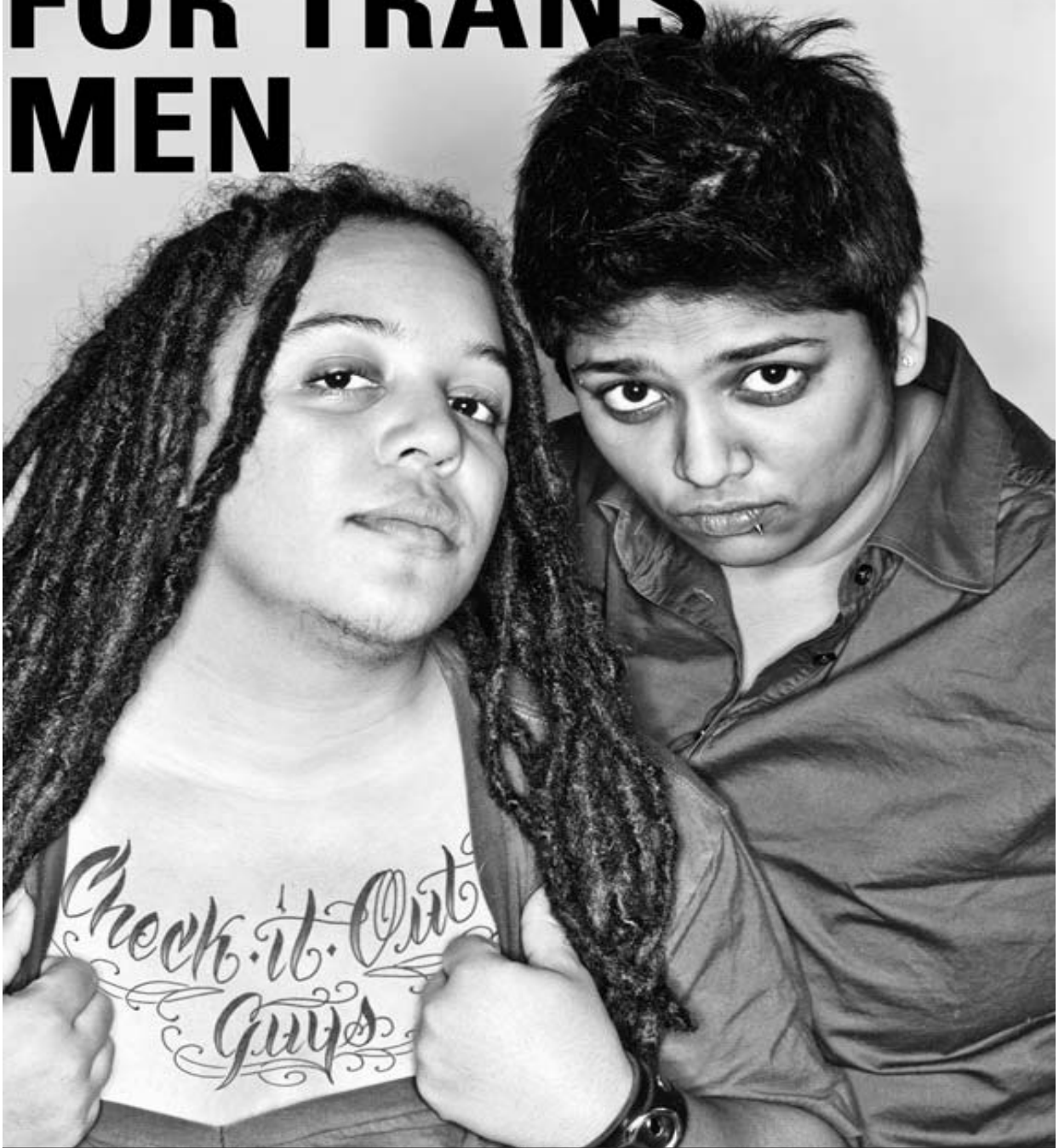
Provides a confidential service for trannies working in the sex industry.
PO Box 13 561
Christchurch,
New Zealand

PROSTITUTES COLLECTIVE OF WELLINGTON - NEW ZEALAND

Provides a confidential service for trannies working in the sex industry.
PO Box 11/412, Manner St
Wellington New Zealand
Tel: (64) 4382-8791
Fax: (64) 4801-5690

Every effort has been made to include accurate and up-to-date information in this directory. To amend your listing fax (02) 9519 8200 or email the Editor on resources@gendercentre.org.au

PAPS MATTER FOR TRANS MEN



If you've ever been sexually active in any way and have a cervix you need regular Cervical Screening Tests. For more information and tips on how to make getting a CST easier, contact the **Gender Centre** on **9569 2366** or **RPA Sexual Health Centre** on **9515 1200**. Note that the test is no longer called the Pap and can be self administered. For more information call one of the numbers shown above.

The Gender Centre acknowledges with gratitude the permission granted by the Trans Mens Pap Campaign to use the content of this poster.

checkitoutguys.ca

t150

PARTNERSHIPS IN HEALTH

Open every Tuesday 2-6 PM

Level 3, 350 Albion Street, Surry Hills

t150 is an innovative specialist HIV and sexual health service providing holistic care for the transgender and gender diverse (TGD) community in a dedicated clinical space.

t150 will be staffed by a trained peer and skilled clinicians.

Services t150 offers:

- ◆ HIV, sexual health and blood-borne virus (such as Hepatitis) screening.
- ◆ HIV point of care testing.
- ◆ Immediate linkage and referral to HIV and Hepatitis C management and treatment within the service.
- ◆ Treatment of any diagnosed STIs.
- ◆ Education and provision of HIV PrEP and PEP.
- ◆ Vaccinations for Hep A and B
- ◆ Cervical screening for anyone with a cervix.
- ◆ Safer injecting education.
- ◆ Health education sexual health with aTGD specific focus.
- ◆ Transgender reproduction advice.
- ◆ Provision of health screening (weight, BP, etc.)

Appointments or Enquiries

You can make a booking by phoning Albion on 9332 9600 and selecting option 2.

Please advise the staff member you are calling for the t150 service.